

Health Education Major

Major Requirements

Degree Type: B.S.
Minimum Credits Required: 120

University Degree Requirements

For complete details on these and other university degree requirements, refer to the Degree and Graduation Requirements (<http://catalog.ndsu.edu/academic-policies/undergraduate-policies/degree-and-graduation/>) section in the University Catalog.

1. Minimum of 120 semester credits (some programs may exceed this minimum).
2. Complete the University General Education requirements.
3. Minimum institutional GPA of 2.00 based on work taken at NDSU.
4. Minimum of 30 credits in resident at NDSU.
5. Minimum of 36 upper level credits (courses numbered 300 or higher).
6. Students with transfer credit must meet the NDSU 30 credits in residence (#4). Of these 30 credits in residence, a minimum of 15 credits must be in courses numbered 300 or above, and 15 credits must be in the student's declared major curricula.

University General Education Requirements

A list of university approved general education courses along with the administrative policies governing the requirement and the categories is available here (<http://catalog.ndsu.edu/academic-policies/undergraduate-policies/general-education/>).

Code	Title	Credits
Category C: Communication		12
Category R: Quantitative Reasoning		3
Category S: Science and Technology		10
Category A: Humanities and Fine Arts		6
Category B: Social and Behavioral Sciences		6
Category W: Wellness		2
Category D: Cultural Diversity		
Category G: Global Perspectives		
Category L: Digital Literacy		
Total Credits		39

Major Requirements

Code	Title	Credits
Health Education Requirements		
HDFS 230 or PSYC 250	Life Span Development ² Developmental Psychology	3
HPER 217	Personal and Community Health ¹	3
PSYC 111	Introduction to Psychology	3
Teaching Specialty Requirements		
HPER 110	Introduction to Health and Physical Education ¹	3
HNES 250	Nutrition Science ²	3
HPER 341	Psychosocial Aspects of Health ¹	3
HPER 345	Materials and Concepts of Health Education ¹	3
HPER 367	Pedagogy of the Body for K-12	3
PSYC 210	Human Sexuality ²	3
PSYC 212	Psychological Aspects of Drug Use and Abuse ²	3
Professional Education Requirements		
EDUC 321	Introduction to Teaching	3
EDUC 322	Educational Psychology	3
EDUC 451	Instructional Planning, Methods and Assessment	3

EDUC 481	Classroom Practice Methods of Teaching I: (Health Ed K-12) ²	3
EDUC 485	Student Teaching Seminar	1
EDUC 486	Classroom Management for Diverse Learners	3
EDUC 487	Student Teaching	9
EDUC 488	Applied Student Teaching	3
EDUC 489	Teaching Students of Diverse Backgrounds	3

Total Credits		61
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¹ Students must earn a grade of 'B' or better in these courses.

² Students must earn a grade of 'C' or better in these courses.

Degree Requirements and Notes

- To be placed in student teaching, a 2.75 cumulative GPA and a 2.75 GPA in professional education coursework is required.
- To exit the program, a 2.75 cumulative GPA and a 2.75 GPA in professional education coursework is required as well as completing the Praxis Subject test and the Principles of Learning and Teaching test.
- Courses taken *Pass/Fail* will not be used to satisfy any requirements other than total credits.
- See School of Education (<https://www.ndsu.edu/education/>) for admission requirements.