

# Health Education

## Health Education Major

The Health Education major emphasizes comprehensive health education and is designed to prepare students for careers in the field of school health education through the development of dispositions, knowledge and skills.

This professional teaching preparation program is designed primarily to meet the needs of those interested in a teaching career.

Completing the degree requirements for a health education degree in the School of Education (<http://www.ndsu.edu/education>) certifies a graduate to teach health education at the secondary level. Students may choose to enrich their background by selecting a major in physical education. It is recommended that students apply to the School of Education in the spring semester of their second year in the program.

## Double Major

It is strongly recommended that Health Education teaching majors double major in Physical Education (<http://bulletin.ndsu.edu/past-bulletin-archive/2014-15/undergraduate/colleges/human-development-education/health-nutrition-exercise-sciences/physical-education>) .

## Major Requirements

### Major: Health Education - School Health

**Degree Type: B.S.**

**Required Degree Credits to Graduate: 122**

### General Education Requirements

#### First Year Experience (F):

HD&E 189	Skills for Academic Success (Students transferring in 24 or more credits do not need to take HD&E 189.)	1
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#### Communication (C):

ENGL 110	College Composition I	3
ENGL 120	College Composition II	3
ENGL 358	Writing in the Humanities and Social Sciences	3
COMM 110	Fundamentals of Public Speaking	3

#### Quantitative Reasoning (R): Select from current general education list

#### Science & Technology (S):

A one-credit lab must be taken as a co-requisite with a general education science/technology course unless the course includes an embedded lab experience equivalent to a one-credit course. Select from current general education list

#### Humanities & Fine Arts (A): Select from current general education list

#### Social & Behavioral Sciences (B):

PSYC 111	Introduction to Psychology	3
SOC 110	Introduction to Sociology	3

#### Wellness (W):

HNES 217	Personal and Community Health *	3
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#### Cultural Diversity (D): Select from current general education list

### Global Perspectives (G): Select from current general education list

Total Credits	41
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## Major Requirements

### General Education Requirements

### Teaching Specialty Requirements

HDFS 135	Family Science **	3
HDFS 230	Life Span Development	3
or PSYC 250	Developmental Psychology	
HNES 110	Introduction to Health, Physical Education, and Sport Management *	3
HNES 200	Principles of Nutrition *	3
or HNES 250	Nutrition Science	
HNES 341	Psychosocial Aspects of Health *	3
HNES 345	Materials and Concepts of Health Education *	3
HNES 367	Principles of Conditioning *	3
HNES 445	Organization and Administration of Coordinated School Health Programs *	3
PSYC 210	Human Sexuality **	3
PSYC 212	Psychological Aspects of Drug Use and Abuse **	3

### Professional Education Requirements

EDUC 321	Introduction to Teaching	3
EDUC 322	Educational Psychology	3
EDUC 451	Instructional Planning, Methods and Assessment	3
EDUC 481	Classroom Practice Methods of Teaching I: (Health Ed K-12)	3
EDUC 485	Student Teaching Seminar	1
EDUC 486	Classroom Management for Diverse Learners	3
EDUC 487	Student Teaching	9
EDUC 488	Applied Student Teaching	3
EDUC 489	Teaching Students of Diverse Backgrounds	3

### College Requirement

HD&E 320	Professional Issues	1
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### Degree Requirement: Potential of 19 credits to reach 122

Total Credits	122
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\* Students must earn a grade of 'B' or better in these courses.

\*\* Students must earn a grade of 'C' or better in these courses.

## Degree Requirements and Notes

- A GPA of 2.75 or better in the teaching specialty is required to stay in full standing in the program, for placement in student teaching, and to exit from the program.
- A GPA of 2.75 or better in professional education requirements, as well as passing the Exit Portfolio, are required to exit the program.
- Courses taken *Pass/Fail* will not be used to satisfy any requirements other than total credits.
- See School of Education (<http://www.ndsu.edu/education>) for admission requirements.