

Physical Education

Physical Education Major

The Physical Education Teacher Education (PETE) program provides opportunities for students to become critical thinkers, creative planners, and effective practitioners.

To be successful in the field, a physical education student must like to work with people, be adequately skilled in physical activities, have a commitment to fitness, and be interested in the physical, biological and social sciences.

The PETE program emphasizes teaching and provides students with skills and techniques necessary to begin a successful career in K-12 physical education. The program is aligned with the National Association for Sport and Physical Education's (NASPE) PETE Standards. The courses are strategically structured to be sequential in nature.

Students initially take courses through the Department of Health, Nutrition, and Exercise Sciences (HNES) and complete their degree requirements through the School of Education (<http://www.ndsu.edu/education>). Application to the School of Education will occur during the student's sophomore year. Completion of the degree requirements for a physical education major in the School of Education certifies a graduate to teach physical education from kindergarten through grade 12 (K-12).

Students majoring in Physical Education will be studying the art and science of human movement, which includes classes in elementary, middle, and high school activities; motor learning, physiology and psychology of human movement; the art of teaching and motivating students; and performance-based assessment.

Students must earn a grade of 'B' or better in all core physical education courses and must maintain a minimum 2.75 cumulative grade-point average to stay in full standing in the program.

Graduates leave prepared to teach in a professional manner, while demonstrating exemplary ethical behavior and displaying current "best practices". Graduates are expected to be positive role models for K-12 students in the area of physical education, physical activity, and sports.

Double Major

It is strongly recommended that Physical Education students double major in Health Education (<http://bulletin.ndsu.edu/past-bulletin-archive/2014-15/undergraduate/colleges/human-development-education/health-education>).

Major Requirements

Major: Physical Education

Degree Type: B.A. or B.S.

Required Degree Credits to Graduate: 122

General Education Requirements

First Year Experience (F):

HD&E 189	Skills for Academic Success (Students transferring in 24 or more credits do not need to take HD&E 189.)	1
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Communication (C):

ENGL 110	College Composition I	3
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ENGL 120	College Composition II	3
ENGL 358	Writing in the Humanities and Social Sciences	3
COMM 110	Fundamentals of Public Speaking	3
Quantitative Reasoning (R): Select from current general education list		3
Science & Technology (S): Select from current general education list		10
Humanities & Fine Arts (A): Select from current general education list		6
Social & Behavioral Sciences (B):		
PSYC 111	Introduction to Psychology	3
SOC 110	Introduction to Sociology	3
Wellness (W):		
HNES 217	Personal and Community Health *	3
Cultural Diversity (D): Select from current general education list		
Global Perspectives (G): Select from current general education list		
Total Credits		41

Bachelor of Arts (BA) Degree – An additional 6 credits of Humanities and Social Sciences and proficiency at the second year in a modern foreign language are required. See School of Education for admission requirements.

Major Requirements

General Education Requirements		40
Teaching Speciality Requirements		
HDFS 230	Life Span Development	3
or PSYC 250	Developmental Psychology	
HNES 110	Introduction to Health, Physical Education, and Sport Management *	3
HNES 154	Professional Preparation in Elementary School Activities *	3
HNES 254	Curriculum, Standards and Assessment in Physical Education *	3
HNES 255	Professional Preparation in Middle School Physical Education *	3
HNES 256	Professional Preparation in High School Physical Education *	3
HNES 301	Motor Learning and Performance *	3
HNES 336	Methods Of Coaching *	3
HNES 350	Fitness Education Activities and Materials *	3
HNES 367	Principles of Conditioning *	3
HNES 461	Administrative and Social Aspects of Physical Education and Athletics *	3
College Requirement		
HD&E 320	Professional Issues	1
Physical Education Requirements		
EDUC 321	Introduction to Teaching	3
EDUC 322	Educational Psychology	3
EDUC 451	Instructional Planning, Methods and Assessment	3
EDUC 481	Classroom Practice Methods of Teaching I: (PE)	3

EDUC 485	Student Teaching Seminar	1
EDUC 486	Classroom Management for Diverse Learners	3
EDUC 487	Student Teaching	9
EDUC 488	Applied Student Teaching	3
EDUC 489	Teaching Students of Diverse Backgrounds	3
Degree Requirement: Potential of 16 credits to reach 122		16
Total Credits		122

* Students must earn a grade of 'B' or better.

Degree Requirements and Notes

- A GPA of 2.75 or better in the teaching specialty is required to stay in full standing in the program, for placement in student teaching, and to exit from the program.
- A GPA of 2.75 or better in the professional education requirements, as well as passing the Exit Portfolio, are required to exit the program.
- Courses taken *Pass/Fail* will not be used to satisfy any requirements other than total credits.
- See School of Education for admission requirements.