

Teaching Specialty - Health Education

Major Requirements

Major: Health Education - School Health

Degree Type: B.S.

Required Degree Credits to Graduate: 122

General Education Requirements

Code	Title	Credits
First Year Experience (F):		
HD&E 189	Skills for Academic Success (Students transferring in 24 or more credits do not need to take HD&E 189.)	1
Communication (C):		
ENGL 110	College Composition I	3
ENGL 120	College Composition II	3
ENGL 358	Writing in the Humanities and Social Sciences	3
COMM 110	Fundamentals of Public Speaking	3
Quantitative Reasoning (R): Select from current general education list		3
Science & Technology (S):		
A one-credit lab must be taken as a co-requisite with a general education science/technology course unless the course includes an embedded lab experience equivalent to a one-credit course. Select from current general education list		10
Humanities & Fine Arts (A): Select from current general education list		6
Social & Behavioral Sciences (B):		
PSYC 111	Introduction to Psychology	3
SOC 110	Introduction to Sociology	3
Wellness (W):		
HNES 217	Personal and Community Health *	3
Cultural Diversity (D): Select from current general education list		
Global Perspectives (G): Select from current general education list		
Total Credits		41

Major Requirements

Code	Title	Credits
General Education Requirements		40
Teaching Specialty Requirements		
HDFS 135	Family Science **	3
HDFS 230	Life Span Development	3
or PSYC 250	Developmental Psychology	
HNES 110	Introduction to Health and Physical Education *	3
HNES 200	Principles of Nutrition *	3
or HNES 250	Nutrition Science	
HNES 341	Psychosocial Aspects of Health *	3
HNES 345	Materials and Concepts of Health Education *	3
HNES 367	Principles of Conditioning *	3
HNES 445	Organization and Administration of Coordinated School Health Programs *	3
PSYC 210	Human Sexuality **	3
PSYC 212	Psychological Aspects of Drug Use and Abuse **	3
Professional Education Requirements		
EDUC 321	Introduction to Teaching	3
EDUC 322	Educational Psychology	3
EDUC 451	Instructional Planning, Methods and Assessment	3
EDUC 481	Classroom Practice Methods of Teaching I: (Health Ed K-12)	3

EDUC 485	Student Teaching Seminar	1
EDUC 486	Classroom Management for Diverse Learners	3
EDUC 487	Student Teaching	9
EDUC 488	Applied Student Teaching	3
EDUC 489	Teaching Students of Diverse Backgrounds	3
College Requirement		
HD&E 320	Professional Issues	1
Degree Requirement: Potential of 19 credits to reach 122		19
Total Credits		122

* Students must earn a grade of 'B' or better in these courses.

** Students must earn a grade of 'C' or better in these courses.

Degree Requirements and Notes

- A GPA of 2.75 or better in the teaching specialty is required to stay in full standing in the program, for placement in student teaching, and to exit from the program.
- A GPA of 2.75 or better in professional education requirements and completion of Praxis II and PLT exams, are required to exit the program.
- Courses taken *Pass/Fail* will not be used to satisfy any requirements other than total credits.
- See School of Education (<https://www.ndsu.edu/education>) for admission requirements.

HEALTH EDUCATION MAJOR School Health (K-12) Option

The following combinations of courses are suggested semester schedules that allow the student to complete his/her major/option degree program in a four-year span. The arrangement of courses is based on which semesters the course is offered, the classification and the prerequisites or co-requisites required for successful completion of the course. The 4-Year Plan should be used with the curriculum guide. Remember, this is only a guide and circumstances may change the plan.

Freshman			
Fall	Credits	Spring	Credits
ENGL 110	3	COMM 110	3
HD&E 189	1	ENGL 120	3
Humanities/Fine Arts	3	HDFS 135	3
PSYC 111	3	Science/Technology	3
Quantitative Reasoning	3	SOC 110	3
HNES 110*	3		
			15
		16	
Sophomore			
Fall	Credits	Spring	Credits
EDUC 321	3	HNES 200 or 250*	3
EDUC 322	3	HNES 217*	3
Humanities/Fine Arts	3	HNES 341*	3
Science/Technology w/Lab	4	PSYC 210	3
Elective	3	PSYC 250 or HDFS 230	3
			15
		16	
Junior			
Fall	Credits	Spring	Credits
HNES 367*	3	EDUC 489	3
PSYC 212	3	ENGL 358	3
Science/Technology	3	HNES 345*	3
Elective	3	Elective	3

Elective	4	Elective	3
	16		15

Senior

Fall	Credits	Spring	Credits
EDUC 451	3	EDUC 485	1
EDUC 481 (HE Section)	3	EDUC 487	9
EDUC 486	3	EDUC 488	3
HNES 445*	3		
HD&E 320	1		
Elective	3		
	16		13

Total Credits: 122

* Students must earn a "B" or better in all courses identified with an asterisk (*).