

# Teaching Specialty - Physical Education

## Major Requirements

### Major: Physical Education

Degree Type: B.A. or B.S.

Required Degree Credits to Graduate: 122

### General Education Requirements

Code	Title	Credits
<b>First Year Experience (F):</b>		
HD&E 189	Skills for Academic Success (Students transferring in 24 or more credits do not need to take HD&E 189.)	1
<b>Communication (C):</b>		
ENGL 110	College Composition I	3
ENGL 120	College Composition II	3
ENGL 358	Writing in the Humanities and Social Sciences	3
COMM 110	Fundamentals of Public Speaking	3
<b>Quantitative Reasoning (R): Select from current general education list</b>		3
<b>Science &amp; Technology (S): Select from current general education list</b>		10
<b>Humanities &amp; Fine Arts (A): Select from current general education list</b>		6
<b>Social &amp; Behavioral Sciences (B):</b>		
PSYC 111	Introduction to Psychology	3
SOC 110	Introduction to Sociology	3
<b>Wellness (W):</b>		
HNES 217	Personal and Community Health *	3
<b>Cultural Diversity (D): Select from current general education list</b>		
<b>Global Perspectives (G): Select from current general education list</b>		
<b>Total Credits</b>		<b>41</b>

**Bachelor of Arts (BA) Degree** – An additional 6 credits of Humanities and Social Sciences and proficiency at the second year in a modern foreign language are required. See School of Education for admission requirements.

## Major Requirements

Code	Title	Credits
<b>General Education Requirements</b>		40
<b>Teaching Speciality Requirements</b>		
HDFS 230	Life Span Development	3
or PSYC 250	Developmental Psychology	
HNES 110	Introduction to Health and Physical Education *	3
HNES 154	Professional Preparation in Elementary School Activities *	3
HNES 254	Curriculum, Standards and Assessment in Physical Education *	3
HNES 255	Professional Preparation in Middle School Physical Education *	3
HNES 256	Professional Preparation in High School Physical Education *	3
HNES 301	Motor Learning and Performance *	3
HNES 336	Methods Of Coaching *	3
HNES 350	Fitness Education Activities and Materials *	3
HNES 353	Adapted Physical Education *	3
HNES 367	Principles of Conditioning *	3
HNES 461	Administrative and Social Aspects of Physical Education and Athletics *	3
<b>College Requirement</b>		
HD&E 320	Professional Issues	1
<b>Physical Education Requirements</b>		
EDUC 321	Introduction to Teaching	3

EDUC 322	Educational Psychology	3
EDUC 451	Instructional Planning, Methods and Assessment	3
EDUC 481	Classroom Practice Methods of Teaching I: (PE)	3
EDUC 485	Student Teaching Seminar	1
EDUC 486	Classroom Management for Diverse Learners	3
EDUC 487	Student Teaching	9
EDUC 488	Applied Student Teaching	3
EDUC 489	Teaching Students of Diverse Backgrounds	3
<b>Degree Requirement: Potential of 13 credits to reach 122</b>		<b>13</b>
<b>Total Credits</b>		<b>122</b>

\* Students must earn a grade of 'B' or better.

### Degree Requirements and Notes

- A GPA of 2.75 or better in the teaching specialty is required to stay in full standing in the program, for placement in student teaching, and to exit from the program.
- A GPA of 2.75 or better in the professional education requirements, as well as passing the Exit Portfolio, are required to exit the program.
- Courses taken *Pass/Fail* will not be used to satisfy any requirements other than total credits.
- See School of Education (<https://www.ndsu.edu/education>) for admission requirements.

## PHYSICAL EDUCATION TEACHING MAJOR

The following combinations of courses are suggested semester schedules that allow the student to complete his/her major/option degree program in a four-year span. The arrangement of courses is based on which semesters the course is offered, the classification and the prerequisites or co-requisites required for successful completion of the course. The 4-Year Plan should be used with the curriculum guide. Remember, this is only a guide and circumstances may change the plan.

<b>Freshman</b>			
<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
ENGL 110	3	ENGL 120	3
HD&E 189	1	COMM 110	3
HNES 110*	3	HNES 255*	3
Humanities/Fine Arts	3	Science/Technology	3
PSYC 111	3	SOC 110	3
Quantitative Reasoning	3		
	<b>16</b>		<b>15</b>
<b>Sophomore</b>			
<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
EDUC 321	3	EDUC 322	3
HNES 100 & HNES 111 & HNES 217*	2-3	HNES 154*	3
HNES 254*	3	PSYC 250 or HDFS 230	3
HNES 256*	3	Science/Technology	3
Science/Technology w/Lab	4	Elective	3
	<b>15-16</b>		<b>15</b>
<b>Junior</b>			
<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
ENGL 358	3	EDUC 451 (PE Section)	3
HNES 301*	3	EDUC 489	3
HNES 336*	3	HNES 350*	3

HNES 367*	3 Humanities/Fine Arts	3
Elective	3 Elective	3
		<b>15</b>
		<b>15</b>

**Senior**

<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
EDUC 481 (PE)	3	EDUC 485	1
EDUC 486	3	EDUC 487	9
HD&E 320	1	EDUC 488	3
HNES 461*	3		
Elective - As needed to reach 122 credits.	8		
		<b>18</b>	<b>13</b>

**Total Credits: 122-123**

\* Students must earn a "B" or better in all courses identified with an asterisk (\*).