

Teaching Specialty - Health Education

Health Education Major

The Health Education major emphasizes comprehensive health education and is designed to prepare students for careers in the field of school health education through the development of dispositions, knowledge and skills. Completing the degree requirements for a health education degree in the School of Education (<https://www.ndsu.edu/education>) certifies a graduate to teach health education at the secondary level. Students may choose to enrich their background by selecting a major in physical education. It is recommended that students apply to the School of Education in the spring semester of their third year in the program.

Double Major

It is strongly recommended that Health Education teaching majors double major in Physical Education.

Physical Education Major: For further information about the physical education teaching option, please refer to the Physical Education curriculum guide (<http://bulletin.ndsu.edu/past-bulletin-archive/2017-18/undergraduate/colleges/human-development-education/education/teaching-specialty-physical-education>) or contact the department adviser.

Major Requirements

Major: Health Education

Degree Type: B.S.

Required Degree Credits to Graduate: 122

General Education Requirements for Baccalaureate Degree

- A list of approved general education courses is available here (<http://bulletin.ndsu.edu/past-bulletin-archive/2017-18/academic-policies/undergraduate-policies/general-education/#genedcoursestext>).
- General education courses may be used to satisfy requirements for both general education and the major, minor, and program emphases, where applicable. Students should carefully review the major, minor, and program emphases requirements for minimum grade restrictions, should they apply.

Code	Title	Credits
Communication (C)		12
ENGL 110	College Composition I	
ENGL 120	College Composition II	
COMM 110	Fundamentals of Public Speaking	
Upper Division Writing [†]		
Quantitative Reasoning (R) [†]		3
Science and Technology (S) [†]		10
Humanities and Fine Arts (A) [†]		6
Social and Behavioral Sciences (B) [†]		6
Wellness (W) [†]		2
Cultural Diversity (D) ^{*†}		
Global Perspectives (G) ^{*†}		
Total Credits		39

* May be satisfied by completing courses in another General Education category.

† May be satisfied with courses required in the major. Review major requirements to determine if a specific upper division writing course is required.

Major Requirements

Code	Title	Credits
Health Education Requirements		
ENGL 358	Writing in the Humanities and Social Sciences (May satisfy general education category C)	3
HNES 217	Personal and Community Health (May satisfy general education category W) [*]	3
PSYC 111	Introduction to Psychology (May satisfy general education category B)	3
SOC 110	Introduction to Sociology (May satisfy general education category B)	3

Teaching Specialty Requirements

HDFS 135	Family Science **	3
HDFS 230 or PSYC 250	Life Span Development Developmental Psychology	3
HNES 110	Introduction to Health and Physical Education *	3
HNES 200 or HNES 250	Principles of Nutrition * Nutrition Science	3
HNES 341	Psychosocial Aspects of Health *	3
HNES 345	Materials and Concepts of Health Education *	3
HNES 367	Principles of Conditioning *	3
HNES 445	Organization and Administration of Coordinated School Health Programs *	3
PSYC 210	Human Sexuality **	3
PSYC 212	Psychological Aspects of Drug Use and Abuse **	3

Professional Education Requirements

EDUC 321	Introduction to Teaching	3
EDUC 322	Educational Psychology	3
EDUC 451	Instructional Planning, Methods and Assessment	3
EDUC 481	Classroom Practice Methods of Teaching I: (Health Ed K-12)	3
EDUC 485	Student Teaching Seminar	1
EDUC 486	Classroom Management for Diverse Learners	3
EDUC 487	Student Teaching	9
EDUC 488	Applied Student Teaching	3
EDUC 489	Teaching Students of Diverse Backgrounds	3

College Requirement

HD&E 320	Professional Issues	1
Total Credits		74

* Students must earn a grade of 'B' or better in these courses.

** Students must earn a grade of 'C' or better in these courses.

Degree Requirements and Notes

- A GPA of 2.75 or better in the teaching specialty is required to stay in full standing in the program, for placement in student teaching, and to exit from the program.
- A GPA of 2.75 or better in professional education requirements and completion of Praxis II and PLT exams, are required to exit the program.
- Courses taken *Pass/Fail* will not be used to satisfy any requirements other than total credits.
- See School of Education (<https://www.ndsu.edu/education>) for admission requirements.

Plan of Study**HEALTH EDUCATION MAJOR**

The following combinations of courses are suggested semester schedules that allow the student to complete his/her major/option degree program in a four-year span. The arrangement of courses is based on which semesters the course is offered, the classification and the prerequisites or co-requisites required for successful completion of the course. The 4-Year Plan should be used with the curriculum guide. Remember, this is only a guide and circumstances may change the plan.

Freshman		
Fall	Credits Spring	Credits
ENGL 110	4 COMM 110	3
HNES 110*	3 ENGL 120	3
Humanities/Fine Arts	3 HDFS 135	3
PSYC 111	3 Science/Tech	3
Quantitative Reasoning	3 SOC 110	3

Sophomore			
Fall	Credits	Spring	Credits
EDUC 321	3	HNES 200 or 250*	3
EDUC 322	3	HNES 217*	3
Hum/Fine Arts	3	HNES 341	3
Science/Tech w lab	4	PSYC 210	3
Electives	3	PSYC 250 or HDFS 230	3
	16		15
Junior			
Fall	Credits	Spring	Credits
HNES 367*	3	EDUC 489	3
PSYC 212	3	HNES 345*	3
Science/Tech	3	ENGL 358	3
Electives	7	Electives	6
	16		15
Senior			
Fall	Credits	Spring	Credits
EDUC 451	3	EDUC 485	1
EDUC 481 (HE Section)	3	EDUC 487	9
EDUC 486	3	EDUC 488	3
HD&E 320	1		
Electives	5		
	15		13

Total Credits: 121

* Students must earn a "B" or better in all courses identified with an asterisk (*).

** Minimum 133 total credits for double major

*** Global Perspectives and Diversity requirements can be obtained through careful selection of Humanities/Fine Arts and/or Science/Technology categories.

Plan of Study

The following combinations of courses are suggested semester schedules that allow the student to complete the **Physical Education/Health Education double major** in a four-year span. The arrangement of courses is based on which semesters the course is offered, the classification and the prerequisites or co-requisites required for successful completion of the course. The 4-Year Plan should be used with the curriculum guide. Remember, this is only a guide and circumstances may change the plan.

Freshman			
Fall	Credits	Spring	Credits
ENGL 110	4	COMM 110	3
HNES 110*	3	ENGL 120	3
Humanities/Fine Arts	3	HDFS 135	3
PSYC 111	3	HNES 255*	3
Quantitative Reasoning	3	Science/Tech	3
		SOC 110	3
	16		18
Sophomore			
Fall	Credits	Spring	Credits
EDUC 321	3	HNES 200 or 250*	3

EDUC 322	3	HNES 217*	3
HNES 254	3	HNES 341*	3
HNES 256	3	HNES 257	3
Humanities/Fine Arts	3	PSYC 210	3
Science/Tech w lab	4	Science/Tech	3
	19		18
Junior			
Fall	Credits	Spring	Credits
ENGL 358	3	EDUC 451 (PE Section)	3
HNES 301*	3	EDUC 489	3
HNES 336*	3	HNES 345*	3
HNES 367*	3	HNES 350*	3
PSYC 212	3	HNES 353*	3
		PSYC 250 or HDFS 230	3
	15		18
Senior			
Fall	Credits	Spring	Credits
EDUC 481 (HE Section)	3	EDUC 485	1
EDUC 481 (PE Section)	3	EDUC 487	9
EDUC 486	3	EDUC 488	3
HD&E 320	1		
HNES 461*	3		
	13		13

Total Credits: 130

* Students must earn a "B" or better in all courses identified with an asterisk (*)

** Minimum 133 total credits for double major

*** Global Perspectives and Diversity requirements can be obtained through careful selection of Humanities/Fine Arts and/or Science/Technology categories