

# Human Development and Family Science

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## Department Information

- **Department Head:**  
Joel Hektner, Ph.D.
- **Graduate Coordinator:**  
Elizabeth Blodgett Salafia, Ph.D.
- **Department Location:**  
Evelyn Morrow Lebedeff Hall
- **Department Phone:**  
(701) 231-8268
- **Department Web Site:**  
[www.ndsu.edu/hdfs/graduate\\_studies/hdfs\\_graduate\\_programs/](http://www.ndsu.edu/hdfs/graduate_studies/hdfs_graduate_programs/)
- **Application Deadline:**  
One month prior to the beginning of each term. Applications accepted for fall, spring, and summer.
- **Degrees Offered:**  
M.S., Certificate
- **English Proficiency Requirements:**  
TOEFL iBT 100 (subscores of at least 24 for speaking and 21 for writing); IELTS 7

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## Program Description

Programs of study leading to a Graduate Certificate or the Master of Science degree are offered in three options: Family Financial Planning, Youth Development, and Gerontology. All of these options are available via a collaborative, inter-institutional program offered through online distance education. Each program requires a capstone practicum experience to complete the M.S. degree. Students can complete the M.S. programs in two to three years and the certificate programs in one calendar year.

The **Family Financial Planning (FFP)** M.S. option is a 36-credit program with a specific curriculum approved by the Certified Financial Planner (CFP) Board of Standards. Graduate certificates (18 credits) are available in Financial Planning and in Financial and Housing Counseling.

The **Gerontology** M.S. option requires 36 credits, and the Graduate Certificate requires 15 credits. An advanced degree in the field of Gerontology can benefit the professional in social work, nursing, counseling, recreation, public policy, long-term care administration, medicine, architecture, interior design, psychology, adult education, and rehabilitation therapy.

The **Youth Development** M.S. option requires 36 credits. Graduate Certificates (13 credits) are available in Youth Development and in Youth Program Management and Evaluation. Youth development is an emerging professional field. It has a positive orientation, meaning its focus is on promoting the positive development of youth, and it is an applied field, with professionals who put developmental research and theory into practice in structuring and implementing programs and services for adolescents.

In addition to the Graduate School's required application requirements, submit the statement of purpose indicating reasons for pursuing graduate study, specifying your special interests within your chosen discipline and including your background preparation in that area. Mention any relevant skills or experience you have acquired. In addition, be sure to address the following, in 500 words or less:

1. How your interest in this field developed.
2. Why you chose our program at NDSU.
3. The experiences you have had (e.g. informal, academic, employment, volunteer) that you see as related to this graduate program or your professional goals.
4. What your professional goals are and how this graduate program will help you accomplish your professional goals.

## Family Financial Planning

Code	Title	Credits
HDFS 677	Financial Counseling	3
HDFS 740	Theories & Research in Family Financial Planning I	3
HDFS 762	Retirement Planning, Employee Benefits and the Family	3
HDFS 763	Personal Income Taxation	3
HDFS 765	Insurance Planning for Families	3
HDFS 766	Estate Planning for Families	3

HDFS 769	Financial Planning Case Studies	3
HDFS 770	Fundamentals of Financial Planning	3
HDFS 771	Investing for the Family's Future	3
HDFS 794	Practicum/Internship	6
Choose one		3
HDFS 767	Professional Practices in Family Financial Planning	
HDFS 768	Housing/Real Estate	
Total Credits		36

## Gerontology

Code	Title	Credits
ADHM 705	Environment and Aging	3
HNES 652	Nutrition, Health and Aging	3
HDFS 682	Family Dynamics of Aging	3
HDFS 721	Adult Development and Aging	3
HDFS 722	Methods and Theories in Gerontology	3
HDFS 723	Perspectives in Gerontology	3
HDFS 729	Professional Seminar in Gerontology	3
HDFS 760	Aging Policy	3
HDFS 794	Practicum/Internship	6
6 additional credits to be approved by the adviser and committee		6
Total Credits		36

## Youth Development

Code	Title	Credits
HDFS 710	Foundations of Youth Development	1
HDFS 711	Youth Development	3
HDFS 712	Community Youth Development	3
HDFS 713	Adolescents and Their Families	3
HDFS 714	Contemporary Youth Issues (*)	3
HDFS 715	Youth in Cultural Contexts	3
HDFS 716	Youth Professionals as Consumers of Research	3
HDFS 717	Program Design, Implementation and Evaluation	3
HDFS 718	Administration and Program Management	3
HDFS 719	Youth Policy	3
HDFS 794	Practicum/Internship	5
3 additional credits to be approved by adviser and committee		3
Total Credits		36

## Family Financial Planning

Code	Title	Credits
<b>Financial Planning Option</b>		
HDFS 762	Retirement Planning, Employee Benefits and the Family	3
HDFS 763	Personal Income Taxation	3
HDFS 765	Insurance Planning for Families	3
HDFS 766	Estate Planning for Families	3
HDFS 769	Financial Planning Case Studies	3
HDFS 771	Investing for the Family's Future	3
Total Credits		18

Code	Title	Credits
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## Gerontology

Code	Title	Credits
Required Courses		
HDFS 721	Adult Development and Aging	3
HDFS 723	Perspectives in Gerontology	3
Elective Courses- Select 3		9
ADHM 705	Environment and Aging	
HNES 652	Nutrition, Health and Aging	
HDFS 682	Family Dynamics of Aging	
HDFS 760	Aging Policy	
HDFS 790	Graduate Seminar (*)	
Total Credits		15

## Youth Development

Code	Title	Credits
HDFS 710	Foundations of Youth Development	1
Select 4 courses from the following:		12
HDFS 711	Youth Development	
HDFS 712	Community Youth Development	
HDFS 713	Adolescents and Their Families	
HDFS 714	Contemporary Youth Issues	
HDFS 715	Youth in Cultural Contexts	
HDFS 719	Youth Policy	
Total Credits		13

## Youth Program Management and Evaluation

Code	Title	Credits
HDFS 710	Foundations of Youth Development	1
Select 4 courses from the following:		12
HDFS 714	Contemporary Youth Issues	
HDFS 716	Youth Professionals as Consumers of Research	
HDFS 717	Program Design, Implementation and Evaluation	
HDFS 718	Administration and Program Management	
HDFS 719	Youth Policy	
Total Credits		13

### Elizabeth Blodgett Salafia, Ph.D.

University of Notre Dame, 2008

Research Interests: Family and Peer Influences on Adolescents' Disordered Eating Attitudes and Behaviors

### Sean Brotherson, Ph.D.

Oregon State University, 2000

Research Interests: Parenting and Fatherhood; Healthy Marriages; Family Stress; Rural Families; Grief and Bereavement; Family Life Education; Family Policy

### Thomas Carlson, Ph.D.

Iowa State University, 2000

Research Interests: Narrative Pedagogy; Relational Accountability Approach to Couples Therapy, LGBT Affirmative Therapy Competence among Therapists, And Influence of Spirituality on Clinical Practice and Training

**James E. Deal, Ph.D.**

University of Georgia, 1987

Research Interests: Personality Development in Children; Relationship Between Individual Development and Family Relationships

**Margaret Fitzgerald, Ph.D.**

Iowa State University, 1997

Research Interests: Financial Counseling and Planning; Husbands and Wives Who Own and Operate Family Businesses Together; Family Business and Economically Vulnerable/Viable Communities; Gender and Management Issues in Family Business

**Heather Fuller, Ph.D.**

University of Michigan, 2009

Research Interests: Social Relationships across the Lifespan (E.G. Intergenerational Relationships); Psychological Well-Being in Old Age; Culture and Aging; Migration, Transnationalism and Acculturation; Biculturalism

**Joel Hektner, Ph.D.**

University of Chicago, 1996

Research Interests: Prevention Programs for Children with Adjustment Problems; Peer Affiliation Patterns and Peer Influences on Children's Behaviors; Family and School Conditions that Facilitate Optimal Experiences (Flow) and Optimal Development; The Experience Sampling Method

**Carrie Johnson, Ph.D.**

Iowa State University, 2012

Research Interests: Personal Finance for Low-Income and Underserved Populations; Financial Education Impact; Student Loan Debt; Program Delivery Methods and Evaluation; Behavioral Finance across the Lifespan

**Christie McGeorge, Ph.D.**

University of Minnesota, 2005

Research Interests: Influence of Heterosexism and Homophobia on Clinical Practice and Training, Gender Equity In Therapy, Gender Equity In Higher Education, Feminist Theories, And Societal Perceptions of Single Parents.

**Melissa Lunsman O'Connor, Ph.D.**

University of South Florida, 2010

Research Interests: Cognitive And Functional Aging In Healthy And Clinical Populations; Older Drivers; Research Methods; Attitudes Toward Dementia; Interventions For Improving Cognition, Health, And Everyday Functioning

**Brandy A. Randall, Ph.D.**

University of Nebraska-Lincoln, 2002

Research Interests: Relational and Contextual Influences on Adolescents' and Young Adults' Positive and Problem Behaviors

**Gregory F. Sanders, Ph.D.**

University of Georgia, 1983

Research Interests: Later Life Families; Family Strengths

**Meagan Scott, Ph.D.**

Oklahoma State University, 2016

Research Interests: Understanding How Changing Trends in Society Influence Youth; Afterschool Training; Positive Youth Development; Professional Development Methods to Better Meet the Needs of 4-H Staff

**Rebecca Woods, Ph.D.**

Texas A&M University, 2006

Research Interests: Perception and Cognition in Infancy; Object Processing; Multimodal Processing, Adults' Influence on Infant Learning