

Health Education

Department Information

- **Department Location:**
Katherine Kilbourne Burgum Family Life, 4-H Center
- **Department Phone:**
701-231-7921
- **Department Web Site:**
www.ndsu.edu/education/
- **Degrees Offered:**
B.S.
- **Official Program Curriculum:**
bulletin.ndsu.edu/undergraduate/program-curriculum/health-education/

Health Education Major

The Health Education major emphasizes comprehensive health education and is designed to prepare students for careers in the field of school health education through the development of dispositions, knowledge and skills. Completing the degree requirements for a health education degree in the School of Education (<https://www.ndsu.edu/education>) certifies a graduate to teach health education at the secondary level. Students may choose to enrich their background by selecting a major in physical education. It is recommended that students apply to the School of Education in the spring semester of their third year in the program.

Double Major

It is strongly recommended that Health Education teaching majors double major in Physical Education.

Physical Education Major. For further information about the physical education teaching option, please refer to the Physical Education curriculum guide (<http://bulletin.ndsu.edu/past-bulletin-archive/2018-19/programs-study/undergraduate/physical-education>) or contact the department adviser.

Plan of Study - Health Education

Please note this is a sample plan of study and not an official curriculum. Actual student schedules for each semester will vary depending on start year, education goals, applicable transfer credit, and course availability. Students are encouraged to work with their academic advisor on a regular basis to review degree progress and customize an individual plan of study.

Freshman			
Fall	Credits	Spring	Credits
ENGL 110	4	COMM 110	3
HNES 110*	3	ENGL 120	3
Humanities/Fine Arts	3	HDFS 135	3
PSYC 111	3	Science/Tech	3
Quantitative Reasoning	3	SOC 110	3
	16		15
Sophomore			
Fall	Credits	Spring	Credits
EDUC 321	3	HNES 200 or 250*	3
EDUC 322	3	HNES 217*	3
Hum/Fine Arts	3	HNES 341	3
Science/Tech w lab	4	PSYC 210	3
Electives	3	PSYC 250 or HDFS 230	3
Complete Praxis Core Academic Skills Exam		Apply to the School of Education	
	16		15

Junior			
Fall	Credits	Spring	Credits
HNES 367*	3	EDUC 489	3
PSYC 212	3	HNES 345*	3
Science/Tech	3	ENGL 358	3
Electives	7	Electives	6
		16	15
Senior			
Fall	Credits	Spring	Credits
EDUC 451	3	EDUC 485	1
EDUC 481 (HE Section)	3	EDUC 487	9
EDUC 486	3	EDUC 488	3
HD&E 320	1		
Electives	5		
Apply for Student Teaching			
Complete Praxis PLT Exam			
Complete Praxis II Content Exam			
		15	13

Total Credits: 121

* Students must earn a "B" or better in all courses identified with an asterisk (*).

** Minimum 133 total credits for double major

*** Global Perspectives and Diversity requirements can be obtained through careful selection of Humanities/Fine Arts and/or Science/Technology categories.

Plan of Study - Health Education & Physical Education Double Major

Please note this is a sample plan of study and not an official curriculum. Actual student schedules for each semester will vary depending on start year, education goals, applicable transfer credit, and course availability. Students are encouraged to work with their academic advisor on a regular basis to review degree progress and customize an individual plan of study.

Freshman			
Fall	Credits	Spring	Credits
ENGL 110	4	COMM 110	3
HNES 110*	3	ENGL 120	3
Humanities/Fine Arts	3	HDFS 135	3
PSYC 111	3	HNES 255*	3
Quantitative Reasoning	3	Science/Tech w/Lab	4
		SOC 110	3
		16	19

Sophomore			
Fall	Credits	Spring	Credits
EDUC 321	3	HNES 200 or 250*	3
EDUC 322	3	HNES 217*	3
HNES 211	1	HNES 341*	3
HNES 254	3	HNES 257	3
HNES 256	3	PSYC 210	3
Humanities/Fine Arts	3	Science/Tech	3
Science/Tech	3	Apply to the School of Education	

Complete Praxis Core Academic Skills Exam			
		19	18
Junior			
Fall	Credits	Spring	Credits
ENGL 358	3	EDUC 451 (PE Section)	3
HNES 301 *	3	EDUC 489	3
HNES 336*	3	HNES 345*	3
HNES 367*	3	HNES 350*	3
PSYC 212	3	HNES 353*	3
		15	15
Senior			
Fall	Credits	Spring	Credits
EDUC 481 (HE Section)	3	EDUC 485	1
EDUC 481 (PE Section)	3	EDUC 487	9
EDUC 486	3	EDUC 488	3
HD&E 320	1		
HNES 461 *	3		
PSYC 250 or HDFS 230	3		
Apply for Student Teaching			
Complete Praxis PLT Exam			
Complete Praxis II Content Exam			
		16	13
Total Credits: 131			

* Students must earn a "B" or better in all courses identified with an asterisk (*)

** Minimum 133 total credits for double major

*** Global Perspectives and Diversity requirements can be obtained through careful selection of Humanities/Fine Arts and/or Science/Technology categories