

Physical Education

Department Information

- **Department Location:**
Katherine Kilbourne Burgum Family Life, 4-H Center
- **Department Phone:**
701-231-7921
- **Department Web Site:**
www.ndsu.edu/education/
- **Degrees Offered:**
B.S.; B.A.
- **Official Program Curriculum:**
bulletin.ndsu.edu/undergraduate/program-curriculum/physical-education/

The Physical Education Teacher Education (PETE) program provides opportunities for students to become critical thinkers, creative planners, and effective practitioners.

To be successful in the field, a physical education student must like to work with people, be adequately skilled in physical activities, have a commitment to fitness, and be interested in the physical, biological and social sciences.

The PETE program emphasizes teaching and provides students with skills and techniques necessary to begin a successful career in K-12 physical education. The program is aligned with the Society of Health and Physical Educators (SHAPE America) PETE Standards. The courses are strategically structured to be sequential in nature.

Students initially take courses through the Department of Health, Nutrition, and Exercise Sciences (HNES) and complete their degree requirements through the School of Education (<https://www.ndsu.edu/education>). Application to the School of Education will occur during the student's sophomore year. Completion of the degree requirements for a physical education major in the School of Education certifies a graduate to teach physical education from kindergarten through grade 12 (K-12).

Students majoring in Physical Education will be studying the art and science of human movement, which includes classes in elementary, middle, and high school activities; motor learning, physiology and psychology of human movement; the art of teaching and motivating students; and performance-based assessment.

Students must earn a grade of 'B' or better in all core physical education courses and must maintain a minimum 2.75 cumulative grade-point average to stay in full standing in the program.

Graduates leave prepared to teach in a professional manner, while demonstrating exemplary ethical behavior and displaying current "best practices". Graduates are expected to be positive role models for K-12 students in the area of physical education, physical activity, and sports.

Double Major

It is recommended that physical education majors obtain a degree enhancement through licensing, certification or a double major. The physical education curriculum has been structured to allow PETE students to obtain a health education (<http://bulletin.ndsu.edu/past-bulletin-archive/2018-19/programs-study/undergraduate/health-education>) major during the same four year time frame. The acquisition of additional credentials helps to prepare future professionals, giving them a broader area of expertise and making them more marketable

Plans of Study

Please note this is a sample plan of study and not an official curriculum. Actual student schedules for each semester will vary depending on start year, education goals, applicable transfer credit, and course availability. Students are encouraged to work with their academic advisor on a regular basis to review degree progress and customize an individual plan of study.

PHYSICAL EDUCATION TEACHING MAJOR

Freshman			
Fall	Credits	Spring	Credits
ENGL 110	4	ENGL 120	3
HNES 110*	3	COMM 110	3
Humanities/Fine Arts	3	HNES 255*	3
PSYC 111	3	Science/Technology w/Lab	4

Quantitative Reasoning	3	SOC 110	3
	16		16
Sophomore			
Fall	Credits	Spring	Credits
EDUC 321	3	EDUC 322	3
HNES 100, 111, or 217*	2-3	PSYC 250 or HDFS 230	3
HNES 211	1	HNES 257	3
HNES 254*	3	Science/Technology	3
HNES 256*	3	Elective	3
Science/Technology	3	Apply to the School of Education	
Complete Praxis Core Academic Skills Exam			
	15-16		15
Junior			
Fall	Credits	Spring	Credits
ENGL 358	3	EDUC 451 (PE Section)	3
HNES 301*	3	EDUC 489	3
HNES 336*	3	HNES 350*	3
HNES 367*	3	Humanities/Fine Arts	3
Elective	3	Elective	3
	15		15
Senior			
Fall	Credits	Spring	Credits
EDUC 481 (PE)	3	EDUC 485	1
EDUC 486	3	EDUC 487	9
HD&E 320	1	EDUC 488	3
HNES 461*	3		
Elective - As needed to reach 122 credits.	7		
Apply for Student Teaching			
Complete Praxis PLT Exam			
Complete Praxis II Content Exam			
	17		13

Total Credits: 122-123

* Students must earn a "B" or better in all courses identified with an asterisk (*).

** Global Perspectives and Diversity requirements can be obtained through careful selection of electives, Humanities/Fine Arts, and/or Science/Technology categories

Please note this is a sample plan of study and not an official curriculum. Actual student schedules for each semester will vary depending on start year, education goals, applicable transfer credit, and course availability. Students are encouraged to work with their academic advisor on a regular basis to review degree progress and customize an individual plan of study.

Physical Education/Health Education Double Major

Freshman			
Fall	Credits	Spring	Credits
ENGL 110	4	COMM 110	3
HNES 110*	3	ENGL 120	3

Humanities/Fine Arts	3	HDFS 135	3
PSYC 111	3	HNES 255*	3
Quantitative Reasoning	3	Science/Tech w/Lab	4
		SOC 110	3
	16		19

Sophomore

Fall	Credits	Spring	Credits
EDUC 321	3	HNES 200 or 250*	3
EDUC 322	3	HNES 217*	3
HNES 211	1	HNES 341*	3
HNES 254*	3	HNES 257	3
HNES 256*	3	PSYC 210	3
Humanities/Fine Arts	3	Science/Tech	3
Science/Tech	3	Apply to the School of Education	
Complete Praxis Core Academic Skills Exam			
	19		18

Junior

Fall	Credits	Spring	Credits
ENGL 358	3	EDUC 451 (PE Section)	3
HNES 301*	3	EDUC 489	3
HNES 336*	3	HNES 345*	3
HNES 367*	3	HNES 350*	3
PSYC 212	3	HNES 353*	3
	15		15

Senior

Fall	Credits	Spring	Credits
EDUC 481 (HE Section)	3	EDUC 485	1
EDUC 481 (PE Section)	3	EDUC 487	9
EDUC 486	3	EDUC 488	3
HD&E 320	1		
HNES 461*	3		
PSYC 250 or HDFS 230	3		
Apply for Student Teaching			
Complete Praxis PLT Exam			
Complete Praxis II Content Exam			
	16		13

Total Credits: 131

* Students must earn a "B" or better in all courses identified with an asterisk (*).

** Minimum 133 total credits for double major

*** Global Perspectives and Diversity requirements can be obtained through careful selection of Humanities/Fine Arts, and/or Science/Technology categories.