

# Physical Education

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## Department Information

- **Department Location:**  
Katherine Kilbourne Burgum Family Life, 4-H Center
- **Department Phone:**  
701-231-7921
- **Department Web Site:**  
[www.ndsu.edu/education/](http://www.ndsu.edu/education/) (<http://www.ndsu.edu/education/>)
- **Credential Offered:**  
B.S.; B.A.
- **Sample Program Guide:**  
[bulletin.ndsu.edu/programs-study/undergraduate/physical-education/#planofstudypemajortext](http://bulletin.ndsu.edu/programs-study/undergraduate/physical-education/#planofstudypemajortext) (<http://bulletin.ndsu.edu/programs-study/undergraduate/physical-education/#planofstudypemajortext>)

## Major Requirements

### Major: Physical Education

**Degree Type:** B.A. or B.S.

**Minimum Degree Credits to Graduate:** 120

### University Degree Requirements

1. Satisfactory completion of all requirements of the curriculum in which one is enrolled.
2. Earn a minimum total of 120 credits in approved coursework. Some academic programs exceed this minimum.
3. Satisfactory completion of the general education requirements as specified by the university.
4. A minimum institutional GPA of 2.00 based on work taken at NDSU.
5. At least 36 credits presented for graduation must be in courses numbered 300 or higher.
6. Transfer Students: Must earn a minimum of 60 credits from a baccalaureate-degree granting or professional institution.
  - a. Of these 60, at least 36 must be NDSU resident credits as defined in #7.
  - b. Within the 36 resident credits, a minimum of 15 must be in courses numbered 300 or higher and 15 credits in the major field of study.
7. At least 36 credits must be NDSU resident credits. Resident credits include credits registered and paid for at NDSU.

For complete information, please refer to the Degree and Graduation Requirements (<http://catalog.ndsu.edu/past-bulletin-archive/2022-23/academic-policies/undergraduate-policies/degree-and-graduation/>) section of this Bulletin.

### University General Education Requirements

Code	Title	Credits
<b>Communication (C)</b>		<b>12</b>
ENGL 110	College Composition I	
ENGL 120	College Composition II	
COMM 110	Fundamentals of Public Speaking	
Upper Division Writing <sup>†</sup>		
<b>Quantitative Reasoning (R) <sup>†</sup></b>		<b>3</b>
<b>Science and Technology (S) <sup>†</sup></b>		<b>10</b>
<b>Humanities and Fine Arts (A) <sup>†</sup></b>		<b>6</b>
<b>Social and Behavioral Sciences (B) <sup>†</sup></b>		<b>6</b>
<b>Wellness (W) <sup>†</sup></b>		<b>2</b>
<b>Cultural Diversity (D) <sup>**†</sup></b>		
<b>Global Perspectives (G) <sup>**†</sup></b>		
<b>Total Credits</b>		<b>39</b>

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\* May be satisfied by completing courses in another General Education category.

† General education courses may be used to satisfy requirements for both general education and the major, minor, and program emphases, where applicable. Students should carefully review major requirements to determine if specific courses can also satisfy these general education categories.

- A list of university approved general education courses and administrative policies are available here (<http://catalog.ndsu.edu/past-bulletin-archive/2022-23/academic-policies/undergraduate-policies/general-education/#genedcoursestext>).

**Major Requirements**

Code	Title	Credits
<b>Physical Education Core Requirements</b>		
HNES 110	Introduction to Health and Physical Education <sup>1</sup>	3
HNES 211	Successful Coaching <sup>1</sup>	1
HNES 217	Personal and Community Health <sup>1</sup>	2-3
or HNES 100	Concepts of Fitness & Wellness	
or HNES 111	Wellness	
HNES 255	Professional Preparation in Middle School Physical Education <sup>4</sup>	3
HNES 301	Motor Learning and Performance <sup>3</sup>	3
HNES 336	Methods Of Coaching <sup>3</sup>	3
HNES 367	Pedagogy of the Body for K-12 <sup>3</sup>	3
PSYC 111	Introduction to Psychology (May satisfy general education category B)	3
Option: Select either the K-12 Teaching Licensure Option or the Coaching & Physical Activity Leadership Option		51 or 54
<b>Total Credits</b>		<b>72-76</b>

**K-12 Teacher Licensure Option**

Code	Title	Credits
HDFS 230	Life Span Development (May satisfy general education category B) <sup>2</sup>	3
or PSYC 250	Developmental Psychology	
HNES 254	Curriculum, Standards and Assessment in Physical Education <sup>1</sup>	3
HNES 256	Professional Preparation in High School Physical Education <sup>1</sup>	3
HNES 257	Professional Preparation in Elementary School Activities <sup>1</sup>	3
HNES 350	Fitness Education Activities and Materials <sup>1</sup>	3
HNES 353	Adapted Physical Education <sup>1</sup>	3
HNES 461	Administrative and Social Aspects of Physical Education and Athletics <sup>1</sup>	3
<b>Professional Education Requirements</b>		
EDUC 321	Introduction to Teaching	3
EDUC 322	Educational Psychology	3
EDUC 451	Instructional Planning, Methods and Assessment <sup>1</sup>	3
EDUC 475	Reading in the Content Area	2
EDUC 481	Classroom Practice Methods of Teaching I: (PE K-12 section) <sup>2</sup>	3
EDUC 485	Student Teaching Seminar	1
EDUC 486	Classroom Management for Diverse Learners	3
EDUC 487	Student Teaching	9
EDUC 488	Applied Student Teaching	3
EDUC 489	Teaching Students of Diverse Backgrounds	3
<b>Total Credits</b>		<b>54</b>

**Coaching and Physical Activity Leadership Option**

Code	Title	Credits
HDFS 230	Life Span Development	3
HDFS 330	Child Development	3
HDFS 340	Adolescent Development	3

HNES 190	Introduction to Sport Management	3
HNES 226	Socio-Cultural Dimension in Sport	3
HNES 250	Nutrition Science	3
HNES 349	Advanced Coaching	3
HNES 388	Prevention and Care of Athletic Injuries	3
HNES 431	Sport Law	3
HNES 485	Sport Management Internship	12
PSYC 340	Psychology in Sport	3
Electives:		9
COMM 114	Human Communication	
COMM 212	Interpersonal Communication	
EDUC 322	Educational Psychology	
EDUC 451	Instructional Planning, Methods and Assessment	
EDUC 489	Teaching Students of Diverse Backgrounds	
HDFS 341	Parent-Child Relations	
HNES 304	Sport Promotion and Public Relations	
HNES 353	Adapted Physical Education	
HNES 436	Sport Facility and Event Management	
HNES 473	Anaerobic Exercise Prescription and Advanced Resistance Training Techniques	
SOC 214	Social Interaction	
SOC 235	Cultural Diversity	
HNES 323	Ethics of Sport	
HNES 303	Sport Communication and New Media	
HNES 444	Sport Funding and Commerce	
HNES 414	International Sport	

**Total Credits** **51**

- 1 Students must earn a grade of "B" or better for the K-12 Teacher Licensure Option
- 2 Students must earn a "C" or better for the K-12 Teacher Licensure Option
- 3 Students may only earn one "C" among these three courses for the K-12 Teacher Licensure Option
- 4 Students must earn a "B" or better (Both Options)

## Degree Requirements and Notes

- K-12 Teacher Licensure Option
  - A GPA of 2.75 or better is required for placement in student teaching and to exit from the program.
  - A GPA of 2.75 or better is required within the professional education requirements and students must take the Praxis II Subject Assessment and PLT to exit the program.
  - Courses taken *Pass/Fail* will not be used to satisfy any requirements other than total credits.
  - See School of Education (<https://www.ndsu.edu/education/>) for admission requirements.
- Coaching and Physical Activity Leadership Option
  - A GPA of 2.75 or better is required to exit from the program.
  - Courses taken *Pass/Fail* will not be used to satisfy any requirements other than total credits.