

# Health, Nutrition and Exercise Science

---

## Department Information

- **Department Head:**  
Yeong Rhee, Ph.D.
- **Graduate Coordinator:**  
Kyle Hackney, Ph.D.
- **Department Location:**  
Bentson Bunker Fieldhouse
- **Department Phone:**  
(701) 231-7474
- **Department Web Site:**  
[www.ndsu.edu/hnes/](http://www.ndsu.edu/hnes/) (<http://www.ndsu.edu/hnes/>)
- **Application Deadline:**  
Exercise/Nutrition Science option: Applications will be reviewed until August 1 for fall and December 1 for spring. Leadership in Physical Education and Sport option: rolling enrollment; enrollment is limited to 32 students
- **Credential Offered:**  
M.S.
- **English Proficiency Requirements:**  
TOEFL ibt 79; IELTS 6.5; Duolingo 105

Admission to a MS- HNES program is considered ONLY after all required application materials have been received and reviewed. The department admits MS Exercise/Nutrition option students for fall semester only.

## MS- option in Exercise/Nutrition Science ([https://www.ndsu.edu/hnes/graduate\\_programs/exercisenutrition\\_science/](https://www.ndsu.edu/hnes/graduate_programs/exercisenutrition_science/))

Minimum criteria and application information to be considered for admission for all paths (Plan A- thesis, Plan B- paper, Plan C- Internship/Capstone): Note-meeting the minimum criteria does not guarantee acceptance in the program. Workload limitations and capacity limits for the program or faculty mentor apply.

- The GRE is **NOT** required for this degree option.
- GPA 3.0 or higher
- Undergraduate major of Dietetics, Exercise Science, or closely related field.
- Application to the NDSU Graduate School which includes: precise statement of purpose, official transcripts, and two professional letters of recommendation.
- In the application, please indicate what degree path (Plan A- Thesis, Plan B- Paper, Plan C- Internship/Capstone) you are primarily considering at this time. This path can change once admitted but provides the HNES department with preliminary information on your plan of study. A description of all the paths are described below.
- Please also note in your application if you are interested in a graduate assistantship position and indicate any previous experience with teaching, research, or other specific skills, abilities, or certifications you possess that would be relevant.

The Department of Health, Nutrition, and Exercise Sciences reserves the right to obtain additional information about the applicant's professional competence from qualified professionals. Admission decisions are based upon the predicted success of the applicant as a student and professional in the chosen field and are made only after considering all available data.

## MS- Option in Leadership in Physical Education and Sport ([https://www.ndsu.edu/hnes/graduate\\_programs/leadership\\_in\\_physical\\_education\\_and\\_sport/](https://www.ndsu.edu/hnes/graduate_programs/leadership_in_physical_education_and_sport/))

Admission is competitive and limited to 50 students. Applications are accepted on a rolling basis and students may be admitted for fall, spring, and summer semesters. Admitted out-of-state and international students are charged in-state tuition rates for this online program.

Admission requirements are as follows:

1. Cumulative baccalaureate GPA of 3.0 or better on a 4.0 scale.
2. Undergraduate degree in physical education, coaching, sport management, education, or related field. Applicants with relevant experience that hold other degrees will also be considered.
3. The GRE is NOT required for this option.

A 3.0 is needed to be considered for full acceptance into the LPES program. Applicants with an undergraduate GPA below 3.0 will be considered for conditional acceptance and will have to complete 6 graduate credit hours with grades of at least B to be considered for full standing. Meeting these criteria does not guarantee acceptance.

## **Financial Assistance**

Both research and teaching assistantships may be available. Applications are considered on the basis of scholarship, potential to undertake advanced study and research, and financial need. To be considered for an assistantship, a completed Graduate School application, official transcripts, and three letters of reference must be received by the Graduate School by the program deadline.

Graduate assistants receive a financial stipend for their work. In addition to the stipend, graduate assistants receive a graduate tuition waiver. Tuition waivers cover base tuition for NDSU graduate credits only. Students are responsible for differential tuition, student fees, and tuition for non-graduate level credits taken or Cooperative Education credits. Assistantships are available contingent upon current funding and faculty need.