

# Health Education

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## Department Information

- **Department Web Site:**  
www.ndsu.edu/education/ (<http://www.ndsu.edu/education/>)
- **Credential Offered:**  
B.S.
- **Official Program Curriculum:**  
[catalog.ndsu.edu/undergraduate/program-curriculum/health-education/](http://catalog.ndsu.edu/undergraduate/program-curriculum/health-education/) (<http://catalog.ndsu.edu/undergraduate/program-curriculum/health-education/>)

The health education major is designed to prepare students for careers in the field of school health education through the development of dispositions, knowledge and skills. The program integrates classroom and experiential community-based learning throughout its courses.

## The Program

The health education program emphasizes a student-centered approach to teaching health, emphasizing skills-based learning to promote health literacy for all individual students.

Upon completion of the health education major, teacher candidates will be knowledgeable with planning, implementing, administering all ten components of the Whole School, Whole Community, Whole Child Model. Health education teacher candidates will learn how to evaluate and assess needs for health education, plan and implement quality curriculum and lessons and communicate and advocate for health and health education through all ten content components. Candidates in the health education major are prepared to teach health to students in grades 5-12 and 7-12 with creativity and confidence.

## Professional Education Courses

Students may enroll in the 300-level professional education courses before being formally admitted to the School of Education (SOE). Prior to enrolling in the 400-level courses, students must complete the application for admission to the SOE; attain a minimum of a 2.75 grade point average overall in their course work and education courses; and pass the Praxis Core Academic Skills for Educators test or meet minimum scores on the ACT+. Requirements for admission can be found on the School of Education website (<https://www.ndsu.edu/education/>).

## Student Teaching

Student teaching (clinical practice) is the culmination of the teaching program. During In the clinical practice, teacher candidates apply the knowledge and skills acquired in their college courses to real-world classrooms under the supervision of experienced health teachers in middle or high schools. Faculty members from NDSU conduct regular on-site visits to support, encourage, and evaluate teacher candidates student teachers so that they gain the confidence and ability to join the teaching profession after graduation.

## Student Advisement

An academic advisor works individually with health education teacher candidates to plan their programs of study and to advise and assist them as they progress to degree completion. Students are encouraged to seek their advisor's help whenever needed.

## Licensure

Upon completing this program, teacher candidates are eligible for teacher licensure in health in most states. Our program is accredited by the Council for the Accreditation of Educator Preparation (CAEP) and approved by the North Dakota Education Standards and Practices Board (ESPB)

## Career Opportunities

Graduates in health education find career opportunities teaching health education in a variety of public and private educational settings, including K-12 schools, community programming, nonprofit organizations and private businesses.

**Double Major** – It is recommended that health education teacher candidates obtain a degree enhancement through a minor or double major. The health education curriculum has been structured to allow teacher candidates to obtain a physical education major during the same four-year time frame. Advisors can provide additional information about other complementary majors or minors.

**Physical Education Major** – For further information about the physical education major, please refer to: <https://catalog.ndsu.edu/programs-study/undergraduate/physical-education/>.

## Sample Program Guide - HE Major

**IMPORTANT DISCLAIMER:** A Sample Program Guide provides an unofficial guide of program requirements and should be used by prospective students who are considering attending NDSU in the future. It is NOT an official curriculum and should NOT be used by current NDSU students for official

degree planning purposes. Note that the official curriculum used by current NDSU students can vary from the Sample Program Guide due to a variety of factors such as, but not limited to, start year, education goals, transfer credit, and course availability.

To ensure proper program completion, enrolled students should utilize Degree Map (<https://www.ndsu.edu/registrar/degreemap/>) and Schedule Planner (<https://www.ndsu.edu/onestop/degree-map-and-planning/>) in Campus Connection and consult regularly with their academic advisor to ensure requirements are being met.

<b>First Year</b>			
<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
ENGL 110		3 COMM 110	3
HNES 110*		3 HNES 217*	3
Humanities/Fine Arts & Cultural Diversity GE		3 ENGL 120	3
PSYC 111		3 Science/Tech	3
Quantitative Reasoning		3 Free Elective	3
		<b>15</b>	<b>15</b>
<b>Second Year</b>			
<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
EDUC 321		3 HNES 250 <sup>Requires a grade of C+</sup>	3
EDUC 322		3 HNES 341*	3
Humanities/Fine Arts & Global Perspective GE		3 PSYC 210**	3
Science/Tech w/ Lab		4 PSYC 250 or HDFS 230	3
Free Elective		3 Free Elective	3
Complete Core Academic Skills Exam or access your ACT+ scores		Apply to the School of Education	
		<b>16</b>	<b>15</b>
<b>Third Year</b>			
<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
EDUC 475		2 EDUC 489	3
HNES 367*		3 HNES 345*	3
PSYC 212**		3 EDUC 451	3
Science/Tech		3 Upper Division Writing	3
Free Electives		6 Free Elective	3
		<b>17</b>	<b>15</b>
<b>Fourth Year</b>			
<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
EDUC 481 (Health Section)**		3 EDUC 485	1
EDUC 486		3 EDUC 487	9
Free Electives		8 EDUC 488	3
Apply for Student Teaching			
Complete PLT (grades 7-12) Exam			
Complete Subject Area Assessment Exam			
		<b>14</b>	<b>13</b>
<b>Total Credits: 120</b>			

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Students must earn a "B" or better in all courses identified with an asterisk (\*).

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Students must earn a grade of "C" or better in all course identified with a double asterisk (\*\*).

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Global Perspectives and Diversity requirements can be obtained through careful selection of Humanities/Fine Arts and/or Science/Technology categories.

## Sample Program Guide - Health Education & Physical Education Double Major

IMPORTANT DISCLAIMER: A Sample Program Guide provides an unofficial guide of program requirements and should be used by prospective students who are considering attending NDSU in the future. It is NOT an official curriculum and should NOT be used by current NDSU students for official degree planning purposes. Note that the official curriculum used by current NDSU students can vary from the Sample Program Guide due to a variety of factors such as, but not limited to, start year, education goals, transfer credit, and course availability.

To ensure proper program completion, enrolled students should utilize Degree Map (<https://www.ndsu.edu/registrar/degreemap/>) and Schedule Planner (<https://www.ndsu.edu/onestop/degree-map-and-planning/>) in Campus Connection and consult regularly with their academic advisor to ensure requirements are being met.

First Year			
Fall	Credits	Spring	Credits
ENGL 110		3 EDUC 321	3
HNES 110*		3 ENGL 120	3
HNES 255*		3 Science/Tech w/ Lab	4
PSYC 111		3 Quantitative Reasoning	3
Science/Tech		3 Humanities/Fine Arts & Cultural Diversity GE	3
		<b>15</b>	<b>16</b>
Second Year			
Fall	Credits	Spring	Credits
COMM 110		3 HNES 250**	3
EDUC 322		3 HNES 217*	3
HNES 211		1 HNES 257*	3
HNES 254*		3 HNES 341*	3
HNES 256*		3 PSYC 210***	3
Humanities/Fine Arts & Global Perspectives GE		3 Science/Tech	3
Complete Core Academic Skills Exam or access your ACT+ scores			
		<b>16</b>	<b>18</b>
Third Year			
Fall	Credits	Spring	Credits
HNES 301**		3 EDUC 475	2
HNES 336**		3 EDUC 489	3
HNES 367**		3 HNES 345*	3
PSYC 212***		3 HNES 350*	3
EDUC 451 (PE section)*		3 HNES 353*	3
		Upper Division Writing	3
		<b>15</b>	<b>17</b>
Fourth Year			
Fall	Credits	Spring	Credits
EDUC 481 (Health Section)***		3 EDUC 485	1

EDUC 481 (PE Section)***	3	EDUC 487	9
EDUC 486	3	EDUC 488	3
HNES 461*	3		
PSYC 250 or HDFS 230	3		
Apply for Student Teaching			
Complete PLT (grades K-12) Exam			
Complete Subject Area Assessment Exam			
	<b>15</b>		<b>13</b>

**Total Credits: 125**

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Students are required to earn a "B" or better in these courses, but may earn one "C" among the three courses marked with two asterisks (\*\*).

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Students are required to earn a "C" or better in courses marked with three asterisks (\*\*\*)

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Global Perspectives and Diversity requirements can be obtained through careful selection of Humanities/Fine Arts and/or Science/Technology categories