

Health, Nutrition and Exercise Science

Department Information

- **Department Head:**
Yeong Rhee, Ph.D.
- **Graduate Coordinator:**
Elizabeth Hilliard, Ph.D.
- **Department Location:**
Bentson Bunker Fieldhouse
- **Department Phone:**
(701) 231-7474
- **Department Web Site:**
www.ndsu.edu/hnes/ (<http://www.ndsu.edu/hnes/>)
- **Application Deadline:**
Exercise/Nutrition Science option: Applications will be reviewed until August 1 for fall and December 1 for spring. Leadership in Physical Education and Sport option: rolling enrollment; enrollment is limited to 32 students
- **Credential Offered:**
M.S.
- **English Proficiency Requirements:**
TOEFL ibt 79; IELTS 6.5; Duolingo 105

Bryan Christensen, Ph.D.

University of Kansas, 2000

Research Interests: Biomechanics, Sports Psychology, Strength and Conditioning

Shannon David, Ph.D.

Ohio University, 2013

Research Interests: Patient-Clinician Relationship, Patient Oriented Outcomes

Nathan Dicks, Ph.D.

North Dakota State University, 2019

Research Interests: Exercise Testing; Tactical Population Wellness, Fitness, and Performance

Marty Douglas, Ph.D.

Michigan State University, 2009

Research Interests: Adapted Physical Activity

Julie Garden-Robinson, Ph.D.

North Dakota State University, 1994

Research Interests: Nutrition Education, Chronic Disease Prevention, Food Safety/Science

Kyle Hackney, Ph.D.

Syracuse University, 2013

Research Interests: Skeletal Muscle, Sarcopenia, Muscle Inactivity, Ergogenic Aids, Sports Performance

Elizabeth Hilliard, Ph.D.

North Dakota State University, 2018

Research Interests: Breastfeeding Support and Promotion in the Workplace, and Infant and Child Feeding Practices

Ryan McGrath, Ph.D.

University of Idaho, 2015

Research Interests: Frailty and Health, Epidemiology of Aging, Physical Activity and Health for Aging Adults and Persons with Disabilities, Disability Prevention

Yeong Rhee, Ph.D.

Oklahoma State University, 1999

Research Interests: Chronic Disease Prevention, Functional Foods

Sherri Nordstrom Stastny, Ph.D.

North Dakota State University, 2007

Research Interests: Nutrition for Healthy Aging

Bradford N. Strand, Ph.D.

University of New Mexico, 1988

Research Interests: Physical Education Curriculum and Instruction, Fitness Education, Sport Sociology

Seungmin Kang, Ph.D.

Louisiana State University, 2021

Research Interests: Sport for Development and Peace (SDP), Shared Leadership in SDP, Nonprofit Partnerships, Leadership and Human Resource Development

Kelsey Slater, Ph.D.

Mississippi State University, 2021

Research Interests: Sport for Development, Sport Diplomacy and Sport Communication

Joel White, Ph.D

University of Northern Colorado, 2009

Research Interests: Sport Marketing and Sport Finance

Matt Drescher, Ph.D

Indiana State University, 2023

Research Interest: Curricular Design, Healthcare Simulation, Ethics Education, and Advanced Manual Therapy

Joshua Wooldridge, Ph.D

University of Nevada, Las Vegas, 2023

Research Interest: Musculoskeletal Injury Help-Seeking Behaviors, Health Sciences Research Methods, Tactical Health and Human Performance