

Health Education

Department Information

- **Department Web Site:**
www.ndsu.edu/education/ (<http://www.ndsu.edu/education/>)
- **Credential Offered:**
B.S.
- **Official Program Curriculum:**
catalog.ndsu.edu/undergraduate/program-curriculum/health-education/ (<http://catalog.ndsu.edu/undergraduate/program-curriculum/health-education/>)

The health education major is designed to prepare students for careers in the field of school health education through the development of dispositions, knowledge and skills. The program integrates classroom and experiential community-based learning throughout its courses.

The Program

The health education program emphasizes a student-centered approach to teaching health, emphasizing skills-based learning to promote health literacy for all individual students.

Upon completion of the health education major, teacher candidates will be knowledgeable with planning, implementing, administering all ten components of the Whole School, Whole Community, Whole Child Model. Health education teacher candidates will learn how to evaluate and assess needs for health education, plan and implement quality curriculum and lessons and communicate and advocate for health and health education through all ten content components. Candidates in the health education major are prepared to teach health to students in grades 5-12 and 7-12 with creativity and confidence.

Professional Education Courses

Students may enroll in the 300-level professional education courses before being formally admitted to the School of Education (SOE). Prior to enrolling in the 400-level courses, students must complete the application for admission to the SOE; attain a minimum of a 2.75 grade point average overall in their course work and education courses; and pass the Praxis Core Academic Skills for Educators test or meet minimum scores on the ACT+. Requirements for admission can be found on the School of Education website (<https://www.ndsu.edu/education/>).

Student Teaching

Student teaching (clinical practice) is the culmination of the teaching program. During In the clinical practice, teacher candidates apply the knowledge and skills acquired in their college courses to real-world classrooms under the supervision of experienced health teachers in middle or high schools. Faculty members from NDSU conduct regular on-site visits to support, encourage, and evaluate teacher candidates student teachers so that they gain the confidence and ability to join the teaching profession after graduation.

Student Advisement

An academic advisor works individually with health education teacher candidates to plan their programs of study and to advise and assist them as they progress to degree completion. Students are encouraged to seek their advisor's help whenever needed.

Licensure

Upon completing this program, teacher candidates are eligible for teacher licensure in health in most states. Our program is accredited by the Council for the Accreditation of Educator Preparation (CAEP) and approved by the North Dakota Education Standards and Practices Board (ESPB)

Career Opportunities

Graduates in health education find career opportunities teaching health education in a variety of public and private educational settings, including K-12 schools, community programming, nonprofit organizations and private businesses.

Double Major – It is recommended that health education teacher candidates obtain a degree enhancement through a minor or double major. The health education curriculum has been structured to allow teacher candidates to obtain a physical education major during the same four-year time frame. Advisors can provide additional information about other complementary majors or minors.

Physical Education Major – For further information about the physical education major, please refer to: <https://catalog.ndsu.edu/programs-study/undergraduate/physical-education/>.

Sample Program Guide - HE Major

IMPORTANT DISCLAIMER: This guide is not an official curriculum. This guide is a sample four-year degree plan of how students might plan this major with other degree requirements to complete their education in four years. Student plans will vary from this sample due to a variety of factors, such as, but not limited to, start year, education goals, transfer credit, and course availability. To ensure proper degree completion, enrolled students should

utilize Degree Map (<https://www.ndsu.edu/registrar/degreemap/>) and Schedule Planner (<https://www.ndsu.edu/onestop/degree-map-and-planning/>) in Campus Connection and consult regularly with academic advisors to ensure graduation requirements are being met.

First Year			
Fall	Credits	Spring	Credits
ENGL 110		3 ENGL 120	3
HPER 110*		3 EDUC 321	3
PSYC 111		3 HPER 217*	3
Gen Ed Hum/Fine Arts & Cultural Diversity*		3 Gen Ed Science/Tech	3
Gen Ed Quantitative Reasoning		3 Free Elective	3
		15	15
Second Year			
Fall	Credits	Spring	Credits
COMM 110		3 HPER 341*	3
EDUC 322		3 HNES 250**	3
Gen Ed Hum/Fine Arts & Global Perspective		3 PSYC 210**	3
Gen Ed Science/Tech w/ Lab		4 PSYC 250 or HDFS 230**	3
Free Elective		3 Free Elective	3
Complete Core Academic Skills Exam or access your ACT+ scores			
Apply to the School of Education			
		16	15
Third Year			
Fall	Credits	Spring	Credits
HPER 367*		3 EDUC 489	3
PSYC 212**		3 EDUC 451	3
Gen Ed Science/Tech		3 HPER 345*	3
Free Electives		6 Gen Ed Upper Division Writing	3
		Free Elective	3
		15	15
Fourth Year			
Fall	Credits	Spring	Credits
EDUC 481 (Health Section)**		3 EDUC 485	1
EDUC 486		3 EDUC 487	9
Free Electives		10 EDUC 488	3
Apply for Student Teaching			
Complete PLT (grades 7-12) Exam			
Complete Subject Area Assessment Exam			
		16	13
Total Credits: 120			

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Students must earn a "B" or better in all courses identified with an asterisk (*).

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Students must earn a grade of "C" or better in all course identified with a double asterisk (**).

Sample Program Guide - Health Education & Physical Education Double Major

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First Year			
Fall	Credits	Spring	Credits
ENGL 110		3 EDUC 321	3
HPER 110*		3 ENGL 120	3
HPER 255*		3 Gen Ed Science & Tech w/ Lab	4
PSYC 111		3 Gen Ed Quantitative Reasoning	3
Gen Ed Science/Tech		3 Gen Ed Hum/Fine Arts & Cultural Diversity	3
		15	16
Second Year			
Fall	Credits	Spring	Credits
COMM 110		3 HPER 217, HNES 100, or HNES 111*	3
EDUC 322		3 HPER 257*	3
HPER 211		1 HPER 341*	3
HPER 254*		3 HNES 250***	3
HPER 256*		3 PSYC 210***	3
Gen Ed Hum/Fine Arts & Global Perspectives		3 Gen Ed Science & Tech	3
Complete Core Academic Skills Exam or access your ACT+ scores			
		16	18
Third Year			
Fall	Credits	Spring	Credits
PSYC 212***		3 EDUC 489	3
HPER 301**		3 HPER 345*	3
HPER 336**		3 HPER 350*	3
HPER 367**		3 HPER 353*	3
EDUC 451 (PE section)*		3 Gen Ed Upper Division Writing	3
		15	15
Fourth Year			
Fall	Credits	Spring	Credits
EDUC 481 (Health Section)***		3 EDUC 485	1
EDUC 481 (PE Section)***		3 EDUC 487	9
EDUC 486		3 EDUC 488	3
PSYC 250 or HDFS 230**		3	
HPER 461*		3	
Apply for Student Teaching			
Complete PLT (grades K-12) Exam			

Complete Subject Area Assessment Exam	15	13
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Total Credits: 123

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Students are required to earn a "B" or better in these courses, but may earn one "C" among the three courses marked with two asterisks (**).
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Students are required to earn a "C" or better in courses marked with three asterisks (***)