

Health Education

Department Information

- **Department Web Site:**
www.ndsu.edu/education/ (<http://www.ndsu.edu/education/>)
- **Credential Offered:**
B.S.
- **Official Program Curriculum:**
catalog.ndsu.edu/undergraduate/program-curriculum/health-education/ (<http://catalog.ndsu.edu/undergraduate/program-curriculum/health-education/>)

Sample Program Guide - Health Education & Physical Education Double Major

IMPORTANT DISCLAIMER: This guide is not an official curriculum. This guide is a sample four-year degree plan of how students might plan this major with other degree requirements to complete their education in four years. Student plans will vary from this sample due to a variety of factors, such as, but not limited to, start year, education goals, transfer credit, and course availability. To ensure proper degree completion, enrolled students should utilize Degree Map (<https://www.ndsu.edu/registrar/degreemap/>) and Schedule Planner (<https://www.ndsu.edu/onestop/degree-map-and-planning/>) in Campus Connection and consult regularly with academic advisors to ensure graduation requirements are being met.

First Year			
Fall	Credits	Spring	Credits
ENGL 110		3 EDUC 321	3
HPER 110*		3 ENGL 120	3
HPER 255*		3 Gen Ed Science & Tech w/ Lab	4
PSYC 111		3 Gen Ed Quantitative Reasoning	3
Gen Ed Science/Tech		3 Gen Ed Hum/Fine Arts & Cultural Diversity	3
		15	16
Second Year			
Fall	Credits	Spring	Credits
COMM 110		3 HPER 217, HNES 100, or HNES 111*	3
EDUC 322		3 HPER 257*	3
HPER 211		1 HPER 341*	3
HPER 254*		3 HNES 250***	3
HPER 256*		3 PSYC 210***	3
Gen Ed Hum/Fine Arts & Global Perspectives		3 Gen Ed Science & Tech	3
Complete Core Academic Skills Exam or access your ACT+ scores			
		16	18
Third Year			
Fall	Credits	Spring	Credits
PSYC 212***		3 EDUC 489	3
HPER 301**		3 HPER 345*	3
HPER 336**		3 HPER 350*	3
HPER 367**		3 HPER 353*	3
EDUC 451 (PE section)*		3 Gen Ed Upper Division Writing	3
		15	15

Fourth Year			
Fall	Credits	Spring	Credits
EDUC 481 (Health Section) ***		3 EDUC 485	1
EDUC 481 (PE Section) ***		3 EDUC 487	9
EDUC 486		3 EDUC 488	3
PSYC 250 or HDFS 230 **		3	
HPER 461 *		3	
Apply for Student Teaching			
Complete PLT (grades K-12) Exam			
Complete Subject Area Assessment Exam			
15			13
Total Credits: 123			

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Students are required to earn a "B" or better in these courses, but may earn one "C" among the three courses marked with two asterisks (**).

Students are required to earn a "C" or better in courses marked with three asterisks (***)