

Physical Education Major

Major Requirements

Degree Type: B.S.
Minimum Credits Required: 120

University Degree Requirements

For complete details on these and other university degree requirements, refer to the Degree and Graduation Requirements (<https://catalog.ndsu.edu/academic-policies/undergraduate-policies/degree-and-graduation/>) section in the University Catalog.

1. Minimum of 120 semester credits (some programs may exceed this minimum).
2. Complete the University General Education requirements.
3. Minimum institutional GPA of 2.00 based on work taken at NDSU.
4. Minimum of 30 credits in resident at NDSU.
5. Minimum of 36 upper level credits (courses numbered 300 or higher).
6. Students with transfer credit must meet the NDSU 30 credits in residence (#4). Of these 30 credits in residence, a minimum of 15 credits must be in courses numbered 300 or above, and 15 credits must be in the student's declared major curricula.

University General Education Requirements

A list of university approved general education courses along with the administrative policies governing the requirement and the categories is available here (<https://catalog.ndsu.edu/academic-policies/undergraduate-policies/general-education/>).

Code	Title	Credits
Category C: Communication		12
Category R: Quantitative Reasoning		3
Category S: Science and Technology		10
Category A: Humanities and Fine Arts		6
Category B: Social and Behavioral Sciences		6
Category W: Wellness		2
Category D: Cultural Diversity		
Category G: Global Perspectives		
Category L: Digital Literacy		
Total Credits		39

Major Requirements

Code	Title	Credits
Physical Education Core Requirements		
HPER 110	Introduction to Health and Physical Education	3
HPER 211	Successful Coaching	1
HPER 217	Personal and Community Health	3
HPER 255	Professional Preparation in Middle School Physical Education	3
HPER 301	Motor Learning and Performance	3
HPER 336	Methods Of Coaching	3
HPER 367	Pedagogy of the Body for K-12	3
PSYC 111	Introduction to Psychology	3
Major Option		
Students select either the K-12 Teaching Licensure Option or the Coaching & Physical Activity Leadership Option		51 or 54
Total Credits		73-76

K-12 Teacher Licensure Option

Code	Title	Credits
HDFS 230 or PSYC 250	Life Span Development ² Developmental Psychology	3
HPER 254	Curriculum, Standards and Assessment in Physical Education	3
HPER 256	Professional Preparation in High School Physical Education	3
HPER 257	Professional Preparation in Elementary School Activities	3
HPER 350	Fitness Education Activities and Materials	3
HPER 353	Adapted Physical Education	3
HPER 461	Administrative and Social Aspects of Physical Education and Athletics	3
Professional Education Requirements		
EDUC 321	Introduction to Teaching	3
EDUC 322	Educational Psychology	3
EDUC 451	Instructional Planning, Methods and Assessment ¹	3
EDUC 481	Classroom Practice Methods of Teaching I: (PE K-12 section) ²	3
EDUC 485	Student Teaching Seminar	1
EDUC 486	Classroom Management for Diverse Learners	3
EDUC 487	Student Teaching	9
EDUC 488	Applied Student Teaching	3
EDUC 489	Teaching Students of Diverse Backgrounds	3
Total Credits		52

Coaching and Physical Activity Leadership Option

Code	Title	Credits
HDFS 230	Life Span Development	3
HDFS 330	Child Development	3
HDFS 340	Adolescent Development	3
HNES 190	Introduction to Sport Management	3
HNES 226	Socio-Cultural Dimension in Sport	3
HNES 250	Nutrition Science	3
HPER 349	Advanced Coaching	3
HNES 388	Prevention and Care of Athletic Injuries	3
HNES 431	Sport Law	3
PSYC 340	Psychology in Sport	3
HPER 496		12
Electives:		9
COMM 114	Human Communication	
COMM 212	Interpersonal Communication	
EDUC 322	Educational Psychology	
EDUC 451	Instructional Planning, Methods and Assessment	
EDUC 489	Teaching Students of Diverse Backgrounds	
HDFS 341	Parent-Child Relations	
HNES 304	Sport Marketing and Public Relations	
HPER 353	Adapted Physical Education	
HNES 436	Sport Facility and Event Management	
HNES 473	Anaerobic Exercise Prescription and Advanced Resistance Training Techniques	
SOC 214	Social Interaction	
SOC 235	Cultural Diversity	
HNES 323	Ethics of Sport	
HNES 303	Sport Communication and New Media	
HNES 444	Sport Finance	

HNES 414	Global Perspectives in Sport
Total Credits	51

- ¹ Students must earn a grade of "B" or better for the K-12 Teacher Licensure Option
- ² Students must earn a "C" or better for the K-12 Teacher Licensure Option
- ³ Students may only earn one "C" among these three courses for the K-12 Teacher Licensure Option
- ⁴ Students must earn a "B" or better (Both Options)

Degree Requirements and Notes

- K-12 Teacher Licensure Option
 - To be placed in student teaching, a 2.75 cumulative GPA and a 2.75 GPA in professional education coursework is required.
 - To exit the program, a 2.75 cumulative GPA and a 2.75 GPA in professional education coursework is required as well as completing the Praxis Subject test and the Principles of Learning and Teaching test.
 - Courses taken *Pass/Fail* will not be used to satisfy any requirements other than total credits.
 - See School of Education (<https://www.ndsu.edu/education/>) for admission requirements.
- Coaching and Physical Activity Leadership Option
 - A GPA of 2.75 or better is required to exit from the program.
 - Courses taken *Pass/Fail* will not be used to satisfy any requirements other than total credits.