Exercise Science and Nutrition

Department Information

- **Program Director:**
  Elizabeth Hilliard, Ph.D.
- **Department Location:**
  Bentson Bunker Fieldhouse
- **Department Phone:**
  (701)231-6737
- **Department Web Site:**
  www.ndsu.edu/hnes/phd_in_exercise_science_and_nutrition/ (http://www.ndsu.edu/hnes/phd_in_exercise_science_and_nutrition/)
- **Application Deadline:**
  Applications that are complete by March 15 will be given priority for fall semester. Applications completed after March 15 will be reviewed through May 1 for consideration for fall semester.
- **Credential Offered:**
  Ph.D.
- **English Proficiency Requirements:**
  TOEFL ibt 79; IELTS 6.5

Bryan Christensen, Ph.D.
University of Kansas, 2000
Research Interests: Biomechanics, Sports Psychology, Strength and Conditioning

Shannon David, Ph.D.
Ohio University, 2013
Research Interests: Patient-Clinician Relationship, Patient Oriented Outcomes

Nathan Dicks, Ph.D.
North Dakota State University, 2019
Research Interests: Exercise Testing; Tactical Population Wellness, Fitness, and Performance

Marty Douglas, Ph.D.
Michigan State University, 2009
Research Interests: Adapted Physical Activity

Julie Garden-Robinson, Ph.D.
North Dakota State University, 1994
Research Interests: Nutrition Education, Chronic Disease Prevention, Food Safety/Science

Kyle Hackney, Ph.D.
Syracuse University, 2013
Research Interests: Skeletal Muscle, Sarcopenia, Muscle Inactivity, Ergogenic Aids, Sports Performance

Elizabeth Hilliard, Ph.D.
North Dakota State University, 2018
Research Interests: Breastfeeding Support and Promotion in the Workplace, and Infant and Child Feeding Practices

Ryan McGrath, Ph.D.
University of Idaho, 2015
Research Interests: Frailty and Health, Epidemiology of Aging, Physical Activity and Health for Aging Adults and Persons with Disabilities, Disability Prevention

Yeong Rhee, Ph.D.
Oklahoma State University, 1999
Research Interests: Chronic Disease Prevention, Functional Foods

Sherri Nordstrom Stastny, Ph.D.
North Dakota State University, 2007
Research Interests: Nutrition for Healthy Aging

Bradford N. Strand, Ph.D.
University of New Mexico, 1988
Research Interests: Physical Education Curriculum and Instruction, Fitness Education, Sport Sociology

Seungmin Kang, Ph.D.
Louisiana State University, 2021
Research Interests: Sport for Development and Peace (SDP), Shared Leadership in SDP, Nonprofit Partnerships, Leadership and Human Resource Development

Kelsey Slater, Ph.D.
Mississippi State University, 2021
Research Interests: Sport for Development, Sport Diplomacy and Sport Communication

Joel White, Ph.D
University of Northern Colorado, 2009
Research Interests: Sport Marketing and Sport Finance

Matt Drescher, Ph.D
Indiana State University, 2023
Research Interest: Curricular Design, Healthcare Simulation, Ethics Education, and Advanced Manual Therapy

Joshua Wooldridge, Ph.D
University of Nevada, Las Vegas, 2023
Research Interest: Musculoskeletal Injury Help-Seeking Behaviors, Health Sciences Research Methods, Tactical Health and Human Performance