Health, Nutrition and Exercise Science

Department Information

- **Department Head:**
  Yeong Rhee, Ph.D.

- **Graduate Coordinator:**
  Elizabeth Hilliard, Ph.D.

- **Department Location:**
  Bentson Bunker Fieldhouse

- **Department Phone:**
  (701) 231-7474

- **Department Web Site:**
  [www.ndsu.edu/hnes/](http://www.ndsu.edu/hnes/)

- **Application Deadline:**
  Exercise/Nutrition Science option: Applications will be reviewed until August 1 for fall and December 1 for spring. Leadership in Physical Education and Sport option: rolling enrollment; enrollment is limited to 32 students

- **Credential Offered:**
  M.S.

- **English Proficiency Requirements:**
  TOEFL ibt 79; IELTS 6.5; Duolingo 105

Bryan Christensen, Ph.D.
University of Kansas, 2000
Research Interests: Biomechanics, Sports Psychology, Strength and Conditioning

Shannon David, Ph.D.
Ohio University, 2013
Research Interests: Patient-Clinician Relationship, Patient Oriented Outcomes

Nathan Dicks, Ph.D.
North Dakota State University, 2019
Research Interests: Exercise Testing; Tactical Population Wellness, Fitness, and Performance

Marty Douglas, Ph.D.
Michigan State University, 2009
Research Interests: Adapted Physical Activity

Julie Garden-Robinson, Ph.D.
North Dakota State University, 1994
Research Interests: Nutrition Education, Chronic Disease Prevention, Food Safety/Science

Kyle Hackney, Ph.D.
Syracuse University, 2013
Research Interests: Skeletal Muscle, Sarcopenia, Muscle Inactivity, Ergogenic Aids, Sports Performance

Elizabeth Hilliard, Ph.D.
North Dakota State University, 2018
Research Interests: Breastfeeding Support and Promotion in the Workplace, and Infant and Child Feeding Practices

Ryan McGrath, Ph.D.
University of Idaho, 2015
Research Interests: Frailty and Health, Epidemiology of Aging, Physical Activity and Health for Aging Adults and Persons with Disabilities, Disability Prevention

Yeong Rhee, Ph.D.
Oklahoma State University, 1999
Research Interests: Chronic Disease Prevention, Functional Foods

Sherri Nordstrom Stastny, Ph.D.
North Dakota State University, 2007
Research Interests: Nutrition for Healthy Aging

Bradford N. Strand, Ph.D.
University of New Mexico, 1988
Research Interests: Physical Education Curriculum and Instruction, Fitness Education, Sport Sociology

Seungmin Kang, Ph.D.
Louisiana State University, 2021
Research Interests: Sport for Development and Peace (SDP), Shared Leadership in SDP, Nonprofit Partnerships, Leadership and Human Resource Development

Kelsey Slater, Ph.D.
Mississippi State University, 2021
Research Interests: Sport for Development, Sport Diplomacy and Sport Communication

Joel White, Ph.D
University of Northern Colorado, 2009
Research Interests: Sport Marketing and Sport Finance

Matt Drescher, Ph.D
Indiana State University, 2023
Research Interest: Curricular Design, Healthcare Simulation, Ethics Education, and Advanced Manual Therapy

Joshua Wooldridge, Ph.D
University of Nevada, Las Vegas, 2023
Research Interest: Musculoskeletal Injury Help-Seeking Behaviors, Health Sciences Research Methods, Tactical Health and Human Performance