

# Human Development and Family Science

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## Department Information

- **Department Web Site:**  
[www.ndsu.edu/hdfs/](http://www.ndsu.edu/hdfs/) (<http://www.ndsu.edu/hdfs/>)
- **Credential Offered:**  
B.S.; B.A.; Minor
- **Official Program Curriculum:**  
[catalog.ndsu.edu/undergraduate/program-curriculum/human-development-family-science/](http://catalog.ndsu.edu/undergraduate/program-curriculum/human-development-family-science/) (<http://catalog.ndsu.edu/undergraduate/program-curriculum/human-development-family-science/>)

Human Development and Family Science (HDFS) provides a program of study for students interested in a variety of careers that involve work with children, adults and/or families. Students majoring in HDFS may obtain a bachelor's degree.

## CAREER OPPORTUNITIES

Career directions through HDFS can be divided into two general areas:

**Direct Service to Children, Adults and Families** – child life specialist, human services professional, child protection service professional, outreach worker, parent and family life educator, gerontology outreach, extension agent, or financial counselor, mental health therapist or counselor (with graduate degree).

**Support Service to Children, Adults and Families** – program director for nursing or retirement facility, child care director, consultant in human development, hospital-related services, researcher, child advocate.

Some of the listed careers require a planned minor or a double major. Other careers require preparations beyond the bachelor's degree level. An HDFS degree is excellent preparation for students considering graduate work in counseling, family therapy, child development, gerontology, and developmental science. Study in HDFS provides course work for students interested in careers involving human relations.

Graduates from HDFS are currently employed in a variety of careers. These include extension agent, Head Start program director, child care director, home visitor for Head Start, crisis family counselor, hospital child life specialist, family life educator, developmental disabilities worker, volunteer coordinator, parent support specialist, parent educator, financial counselor and financial planner.

## The Program

The major emphasis in HDFS programs is family and human development over the life span. Students gain an understanding of the development of children and adults and their interaction in the family within society.

Students majoring in HDFS have three options: adult development and aging; child and adolescent development; and family science. Each of these options can be completed by itself or can be paired with another degree in one of our dual degree programs. Child development can be paired with elementary education, and family science and adult development and aging can be paired with social work. Information on these dual degree programs is on a separate fact sheet. Each of these options can also be combined with a master's degree program in one of our combined/accelerated master's programs. Child and adolescent development can be combined with the master's program in youth development; family science can be combined with the master's program in family financial planning; and adult development and aging can be combined with the master's program in gerontology. Information on these combined/accelerated degree programs is on a separate sheet.

Courses in the program include:

- Adolescent Development
- Adult Development and Aging
- Child Development
- Diversity and Multiculturalism in Individual and Family Life
- Children, Families, and Public Policy
- Personal and Family Finance
- Issues in Human Sexuality
- Life Span Human Development
- Parent-Child Relations
- Family Dynamics of Aging
- Couples, Marriages, and Families

Students majoring in HDFS enroll for credit in field experience as a critical part of their program of study. The department offers opportunities to work with children, youth, adolescents, older adults and families in various settings.

## The Facilities

Facilities for the Department of Human Development and Family Science are housed in Evelyn Morrow Lebedeff Hall and the Family Life Center. Included in these buildings are classrooms, conference rooms, research labs, and a child development center serving young children and their families.

## Community Setting

The Fargo-Moorhead metropolitan area offers a conducive setting for study. Students have the opportunity to work in a number of community institutions serving children and families. Professionals working with older adults, child care programs, mental health centers, chemical dependency treatment centers, medical facilities and welfare agencies visit classes and conduct tours to explain their programs for children and families.

## Extra-Curricular Opportunities

Students may enhance their involvement in the HDFS area by participating in groups such as the HDFS Club, the North Dakota Association for the Education of Young Children, and the North Dakota Family and Consumer Sciences Association.

## Sample Program Guide

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## Human Development and Family Science

<b>Freshman</b>			
<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
ENGL 110		3 SOC 110	3
HDFS 230		3 COMM 110	3
HDFS 242		3 ENGL 120	3
PSYC 111		3 Humanities/Fine Arts & Glob Persp Gen Ed	3
Free Elective		3 Free Elective	3
		<b>15</b>	<b>15</b>
<b>Sophomore</b>			
<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
Science & Tech Gen Ed w/ Lab		4 Humanities & Fine Arts Gen Ed	3
Science & Tech Gen Ed		3 Science & Tech Gen Ed	3
HDFS 250		3 STAT 330	3
Free Elective		3 HDFS 275	3
Free Elective		2 Free Elective	3
		<b>15</b>	<b>15</b>
<b>Junior</b>			
<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
HDFS Option Course *		3 HDFS 389	2
HDFS 300- or 400-level elective		3 HDFS 390	1
ENGL 320, 325, 358, or 459		3 HDFS Option Course *	3
Elective for Minor		3 HDFS 300- or 400-level elective	3
Free Elective		3 Elective for Minor	3
		Free Elective	3
		<b>15</b>	<b>15</b>

<b>Senior</b>			
<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
HDFS 496		3 HDFS Option Course *	3
HDFS 353		3 HDFS 300- or 400-level elective	3
HDFS Option Course *		3 Elective for Minor	3
Elective for Minor		3 Elective for Minor	3
Elective for Minor		3 Free Elective	3
		<b>15</b>	<b>15</b>

**Total Credits: 120**

\*HDFS Option Courses: Adult Development and Aging (HDFS 360, 357, 480, and 482)  
 Child and Adolescent Development (HDFS 320, 330, 340, and Either 424 or 483)  
 Family Science (HDFS 341, 357, 448, and 462)

## Sample Program Guide

### HDFS Accelerated Master's Option in Gerontology

Undergraduate students in the Adult Development and Aging option can earn a Master's degree in HDFS in the Gerontology option by completing just one additional year of classes. 15 credits of the undergraduate curriculum are replaced by 15 graduate credits. Students graduate with the B.S. after year 4 and with the M.S. after year 5.

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<b>Freshman</b>			
<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
ENGL 110		3 SOC 110	3
HDFS 230		3 COMM 110	3
HDFS 242		3 ENGL 120	3
PSYC 111		3 Global Perspectives Gen Ed	3
Free Elective		3 Humanities & Fine Arts Gen Ed	3
		<b>15</b>	<b>15</b>

<b>Sophomore</b>			
<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
Science & Tech Gen Ed w/ Lab		4 Humanities & Fine Arts Gen Ed	3
Science & Tech Gen Ed		3 Science & Tech Gen Ed	3
HDFS 250		3 HDFS 275	3
Free Elective		3 STAT 330	3
Free Elective		2 Free Elective	3
		<b>15</b>	<b>15</b>

<b>Junior</b>			
<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
HDFS 360		3 HDFS 389	2
ENGL 320, 325, 358, or 459		3 HDFS 390	1
HDFS 357		3 HDFS 353	3
Elective for Minor		3 Elective for Minor	3
Elective for Minor		3 Elective for Minor	3

		Free Elective	3
		<b>15</b>	<b>15</b>
<b>Senior</b>			
Fall	Credits	Spring	Credits
HDFS 480		3 Elective for Minor	3
HDFS 496		3 HDFS 721	3
HDFS 723		3 HDFS 7XX Elective	3
Elective for Minor		3 HDFS 7xx Elective	3
Free Elective		3 Course from Block 2, 3, or 4 <sup>1</sup>	3
		<b>15</b>	<b>15</b>
<b>Fifth Year</b>			
Fall	Credits	Spring	Credits
HDFS 7XX Elective		3 HDFS 794	3
HDFS 7XX Elective		3 Course from Block 2, 3, or 4 <sup>1</sup>	3
Course from Block 2, 3, or 4 <sup>1</sup>		3	
		<b>9</b>	<b>6</b>

**Total Credits: 135**

1. Block 2: HNES 652, HDFS 725, or HDFS 790. Block 3: HDFS 726, ADHM 705, HDFS 790. Block 4: HDFS 760, HDFS 761, HDFS 722, or HDFS 790. See advisor for determining which Block an HDFS 790 belongs in.

#### **Degree Notes:**

- How to Apply to the Program ([https://www.ndsu.edu/fileadmin/hdfs/documents/graduate\\_forms/accelerated-programs\\_0922.pdf](https://www.ndsu.edu/fileadmin/hdfs/documents/graduate_forms/accelerated-programs_0922.pdf))
- More Information About the Gerontology Master's Option ([https://www.ndsu.edu/dce/online\\_degrees/gp\\_idea\\_programs/gerontology\\_masters/](https://www.ndsu.edu/dce/online_degrees/gp_idea_programs/gerontology_masters/))

## **Sample Program Guide**

### **HDFS Accelerated Master's Option in Family Financial Planning**

Undergraduate students in the Family Science option can earn a Master's degree in HDFS in the Family Financial Planning option by completing just one additional year of classes. Fifteen credits of the undergraduate curriculum are replaced by 15 graduate credits. Students graduate with the B.S. after the fourth year and with the M.S. after the fifth year.

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<b>Freshman</b>			
Fall	Credits	Spring	Credits
ENGL 110		3 SOC 110	3
HDFS 230		3 COMM 110	3
HDFS 242		3 ENGL 120	3
PSYC 111		3 Humanities & Fine Arts Gen Ed	3
Free Elective		3 Global Perspectives Gen Ed	3
		<b>15</b>	<b>15</b>
<b>Sophomore</b>			
Fall	Credits	Spring	Credits
Science & Tech Gen Ed w/ Lab		4 Humanities & Fine Arts Gen Ed	3
Science & Tech Gen Ed		3 HDFS 275	3
HDFS 250		3 Science & Tech Gen Ed	3

Free Elective	3	STAT 330	3
Free Elective	2	Free Elective	3
		<b>15</b>	<b>15</b>

<b>Junior</b>			
<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
HDFS 357		3 HDFS 389	2
ENGL 320, 325, 358, or 459		3 HDFS 390	1
Elective for Minor		3 HDFS 341	3
Elective for Minor		3 Elective for Minor	3
Elective for Minor		3 Elective for Minor	3
		Free Elective	3
		<b>15</b>	<b>15</b>

<b>Senior</b>			
<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
HDFS 353		3 HDFS 462	3
HDFS 770		3 HDFS 677	3
HDFS 496		3 HDFS 762	3
Elective for Minor		3 HDFS 763	3
Free Elective		3 HDFS 771	3
		<b>15</b>	<b>15</b>

<b>Fifth Year</b>			
<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
HDFS 765		3 HDFS 769	3
HDFS 766		3 HDFS FFP Elective	3
HDFS FFP Elective		3	
		<b>9</b>	<b>6</b>

**Total Credits: 135**

#### **Degree Notes:**

- How to Apply to the Program ([https://www.ndsu.edu/fileadmin/hdfs/documents/graduate\\_forms/accelerated-programs\\_0922.pdf](https://www.ndsu.edu/fileadmin/hdfs/documents/graduate_forms/accelerated-programs_0922.pdf))
- More Information About the Family Financial Planning Master's Option ([https://www.ndsu.edu/dce/online\\_degrees/gp\\_idea\\_programs/family\\_financial\\_planning\\_masters/](https://www.ndsu.edu/dce/online_degrees/gp_idea_programs/family_financial_planning_masters/))

## **Sample Program Guide**

### **HDFS Accelerated Master's Option in Youth Development**

Undergraduate students in the Child and Adolescent Development option can earn a Master's degree in HDFS in the Youth Development option by completing just one additional year of classes. Fifteen credits of the undergraduate curriculum are replaced by 15 graduate credits. Students graduate with the B.S. after the fourth year and with the M.S. after the fifth year.

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<b>Freshman</b>			
<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
ENGL 110		3 SOC 110	3
HDFS 230		3 COMM 110	3

HDFS 242	3	ENGL 120	3		
PSYC 111	3	Global Perspectives Gen Ed	3		
Free Elective	3	Humanities & Fine Arts Gen Ed	3		
		<b>15</b>	<b>15</b>		
<b>Sophomore</b>					
<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>		
Science & Tech Gen Ed w/ Lab	4	Humanities & Fine Arts Gen Ed	3		
Science & Tech Gen Ed	3	HDFS 275	3		
HDFS 250	3	Science & Tech Gen Ed	3		
Free Elective	3	STAT 330	3		
Free Elective	2	Free Elective	3		
		<b>15</b>	<b>15</b>		
<b>Junior</b>					
<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>		
HDFS 340	3	HDFS 389	2		
ENGL 320, 325, 358, or 459	3	HDFS 390	1		
Elective for Minor	3	HDFS 330	3		
Elective for Minor	3	Elective for Minor	3		
Free Elective	3	Elective for Minor	3		
		Free Elective	3		
		<b>15</b>	<b>15</b>		
<b>Senior</b>					
<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>	<b>Summer</b>	<b>Credits</b>
HDFS 353	3	HDFS 483	3	HDFS 7XX YD Elective	3
HDFS 496	3	HDFS 711	3		
HDFS 710	3	HDFS 712	3		
Elective for Minor	3	HDFS 716	3		
Elective for Minor	3	HDFS 7XX YD Elective	3		
		<b>15</b>	<b>15</b>		<b>3</b>
<b>Fifth Year</b>					
<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>		
HDFS 713	3	HDFS 718	3		
HDFS 717	3	HDFS 719	3		
HDFS 730	3	HDFS 794	3		
		<b>9</b>	<b>9</b>		

**Total Credits: 141**

**Degree Notes:**

- How to Apply to the Program ([https://www.ndsu.edu/fileadmin/hdfs/documents/graduate\\_forms/accelerated-programs\\_0922.pdf](https://www.ndsu.edu/fileadmin/hdfs/documents/graduate_forms/accelerated-programs_0922.pdf))
- More Information About the Youth Development Master's Option ([https://www.ndsu.edu/dce/online\\_degrees/gp\\_idea\\_programs/youth\\_development\\_masters/](https://www.ndsu.edu/dce/online_degrees/gp_idea_programs/youth_development_masters/))