

# Physical Education

## Department Information

- **Department Web Site:**  
www.ndsu.edu/education/ (<http://www.ndsu.edu/education/>)
- **Credential Offered:**  
B.S.; B.A.
- **Official Program Curriculum:**  
[catalog.ndsu.edu/undergraduate/program-curriculum/physical-education/](http://catalog.ndsu.edu/undergraduate/program-curriculum/physical-education/) (<http://catalog.ndsu.edu/undergraduate/program-curriculum/physical-education/>)

## Sample Program Guide

**IMPORTANT DISCLAIMER:** This guide is not an official curriculum. This guide is a sample four-year degree plan of how students might plan this major with other degree requirements to complete their education in four years. Student plans will vary from this sample due to a variety of factors, such as, but not limited to, start year, education goals, transfer credit, and course availability. To ensure proper degree completion, enrolled students should utilize Degree Map (<https://www.ndsu.edu/registrar/degreemap/>) and Schedule Planner (<https://www.ndsu.edu/onestop/degree-map-and-planning/>) in Campus Connection and consult regularly with academic advisors to ensure graduation requirements are being met.

First Year			
Fall	Credits	Spring	Credits
ENGL 110		3 ENGL 120	3
HPER 110		3 COMM 110	3
HPER 255*		3 HNES 226	3
HNES 190		3 Gen Ed Science/Technology w/Lab	4
PSYC 111*		3 Gen Ed Quantitative Reasoning	3
		<b>15</b>	<b>16</b>
Second Year			
Fall	Credits	Spring	Credits
HDFS 230		3 HDFS 330	3
HNES 250		3 Gen Ed Science/Technology	3
HPER 211		1 Gen Ed Humanities/Fine Arts & Cultural Diversity	3
HPER 217, HNES 100, or HNES 111		3 Free Electives	7
Gen Ed Humanities/Fine Arts & Global Perspectives		3	
Gen Ed Science/Technology		3	
		<b>16</b>	<b>16</b>
Third Year			
Fall	Credits	Spring	Credits
HDFS 340		3 HNES 388	3
HPER 301		3 HNES 431	3
HPER 336		3 HPER 349	3
HPER 367		3 Gen Ed Upper Division Writing	3
Program Elective		3 Program Elective	3
		<b>15</b>	<b>15</b>
Fourth Year			
Fall	Credits	Spring	Credits
PSYC 340		3 HNES 485	12

Program Elective	3	
Free Electives	9	
	<b>15</b>	<b>12</b>

**Total Credits: 120**

\*  
Students are required to earn a "B" or better.