Physical Education

Department Information

• Department Location:
  Katherine Kilbourne Burgum Family Life, 4-H Center
• Department Phone:
  701-231-7921
• Department Web Site:
  www.ndsu.edu/education/ (http://www.ndsu.edu/education/)
• Credential Offered:
  B.S.; B.A.
• Plan Of Study Sample:
  bulletin.ndsu.edu/programs-study/undergraduate/physical-education/#planofstudypemajortext (http://bulletin.ndsu.edu/programs-study/undergraduate/physical-education/#planofstudypemajortext)

Major Requirements

Major: Physical Education

Degree Type: B.A. or B.S.
Minimum Degree Credits to Graduate: 120

University Degree Requirements

1. Satisfactory completion of all requirements of the curriculum in which one is enrolled.
2. Earn a minimum total of 120 credits in approved coursework. Some academic programs exceed this minimum.
3. Satisfactory completion of the general education requirements as specified by the university.
4. A minimum institutional GPA of 2.00 based on work taken at NDSU.
5. At least 36 credits presented for graduation must be in courses numbered 300 or higher.
6. Transfer Students: Must earn a minimum of 60 credits from a baccalaureate-degree granting or professional institution.
   a. Of these 60, at least 36 must be NDSU resident credits as defined in #7.
   b. Within the 36 resident credits, a minimum of 15 must be in courses numbered 300 or higher and 15 credits in the major field of study.
7. At least 36 credits must be NDSU resident credits. Resident credits include credits registered and paid for at NDSU.

For complete information, please refer to the Degree and Graduation Requirements (http://catalog.ndsu.edu/academic-policies/undergraduate-policies/degree-and-graduation/) section of this Bulletin.

University General Education Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>ENGL 110</td>
<td>College Composition I</td>
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<tr>
<td>ENGL 120</td>
<td>College Composition II</td>
<td>3</td>
</tr>
<tr>
<td>COMM 110</td>
<td>Fundamentals of Public Speaking</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Upper Division Writing †</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Quantitative Reasoning (R) †</td>
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<tr>
<td></td>
<td>Science and Technology (S) †</td>
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<tr>
<td></td>
<td>Humanities and Fine Arts (A) †</td>
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<tr>
<td></td>
<td>Social and Behavioral Sciences (B) †</td>
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</tr>
<tr>
<td></td>
<td>Wellness (W) †</td>
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</tr>
<tr>
<td></td>
<td>Cultural Diversity (D) †</td>
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<td></td>
<td>Global Perspectives (G) †</td>
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<td>Total Credits</td>
<td>39</td>
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</table>

* † ‡ ‣
Physical Education

* May be satisfied by completing courses in another General Education category.

† General education courses may be used to satisfy requirements for both general education and the major, minor, and program emphases, where applicable. Students should carefully review major requirements to determine if specific courses can also satisfy these general education categories.

A list of university approved general education courses and administrative policies are available here (http://catalog.ndsu.edu/academic-policies/undergraduate-policies/general-education/#genedcoursestext).

### Major Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td><strong>Physical Education Core Requirements</strong></td>
<td></td>
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</tr>
<tr>
<td>HNES 110</td>
<td>Introduction to Health and Physical Education (^1)</td>
<td>3</td>
</tr>
<tr>
<td>HNES 211</td>
<td>Successful Coaching (^1)</td>
<td>1</td>
</tr>
<tr>
<td>HNES 217</td>
<td>Personal and Community Health (^1)</td>
<td>2-3</td>
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<tr>
<td>or HNES 100</td>
<td>Concepts of Fitness &amp; Wellness</td>
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<tr>
<td>or HNES 111</td>
<td>Wellness</td>
<td></td>
</tr>
<tr>
<td>HNES 255</td>
<td>Professional Preparation in Middle School Physical Education (^4)</td>
<td>3</td>
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<tr>
<td>HNES 301</td>
<td>Motor Learning and Performance (^3)</td>
<td>3</td>
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<tr>
<td>HNES 336</td>
<td>Methods Of Coaching (^3)</td>
<td>3</td>
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<tr>
<td>HNES 367</td>
<td>Principles of Conditioning (^3)</td>
<td>3</td>
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<tr>
<td>PSYC 111</td>
<td>Introduction to Psychology (May satisfy general education category B)</td>
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<td><strong>Total Credits</strong></td>
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### K-12 Teacher Licensure Option

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
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<tbody>
<tr>
<td>HDFS 230</td>
<td>Life Span Development (May satisfy general education category B) (^2)</td>
<td>3</td>
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<tr>
<td>or PSYC 250</td>
<td>Developmental Psychology</td>
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<tr>
<td>HNES 254</td>
<td>Curriculum, Standards and Assessment in Physical Education (^1)</td>
<td>3</td>
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<td>HNES 256</td>
<td>Professional Preparation in High School Physical Education (^1)</td>
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<tr>
<td>HNES 257</td>
<td>Professional Preparation in Elementary School Activities (^1)</td>
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<tr>
<td>HNES 350</td>
<td>Fitness Education Activities and Materials (^1)</td>
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<tr>
<td>HNES 353</td>
<td>Adapted Physical Education (^1)</td>
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<tr>
<td>HNES 461</td>
<td>Administrative and Social Aspects of Physical Education and Athletics(^1)</td>
<td>3</td>
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<tr>
<td><strong>Professional Education Requirements</strong></td>
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<tr>
<td>EDUC 321</td>
<td>Introduction to Teaching</td>
<td>3</td>
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<tr>
<td>EDUC 322</td>
<td>Educational Psychology</td>
<td>3</td>
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<tr>
<td>EDUC 451</td>
<td>Instructional Planning, Methods and Assessment (^1)</td>
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<tr>
<td>EDUC 481</td>
<td>Classroom Practice Methods of Teaching I: (PE K-12 section) (^2)</td>
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<tr>
<td>EDUC 485</td>
<td>Student Teaching Seminar</td>
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<tr>
<td>EDUC 486</td>
<td>Classroom Management for Diverse Learners</td>
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<tr>
<td>EDUC 487</td>
<td>Student Teaching</td>
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<tr>
<td>EDUC 488</td>
<td>Applied Student Teaching</td>
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<tr>
<td>EDUC 489</td>
<td>Teaching Students of Diverse Backgrounds</td>
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<td><strong>Total Credits</strong></td>
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### Coaching and Physical Activity Leadership Option

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
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<tbody>
<tr>
<td>HDFS 230</td>
<td>Life Span Development</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 330</td>
<td>Child Development</td>
<td>3</td>
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<tr>
<td>HDFS 340</td>
<td>Adolescent Development</td>
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<tr>
<td>HNES 190</td>
<td>Introduction to Sport Management</td>
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<tr>
<td>Course Code</td>
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<tr>
<td>HNES 226</td>
<td>Socio-Cultural Dimension in Sport</td>
<td>3</td>
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<tr>
<td>HNES 250</td>
<td>Nutrition Science</td>
<td>3</td>
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<tr>
<td>HNES 274</td>
<td>Introduction to Youth and Interscholastic Sport</td>
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<tr>
<td>HNES 324</td>
<td>Sport and Event Management</td>
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<td>HNES 349</td>
<td>Advanced Coaching</td>
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<tr>
<td>HNES 431</td>
<td>Governance, Policy, Legal Liability and Ethics in Sport</td>
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<td>HNES 485</td>
<td>Sport Management Internship</td>
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<td>PSYC 340</td>
<td>Psychology in Sport</td>
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<td>Electives:</td>
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<tr>
<td>COMM 114</td>
<td>Human Communication</td>
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<tr>
<td>COMM 212</td>
<td>Interpersonal Communication</td>
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<tr>
<td>EDUC 322</td>
<td>Educational Psychology</td>
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<tr>
<td>EDUC 451</td>
<td>Instructional Planning, Methods and Assessment</td>
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<tr>
<td>EDUC 489</td>
<td>Teaching Students of Diverse Backgrounds</td>
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<tr>
<td>HDFS 341</td>
<td>Parent-Child Relations</td>
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</tr>
<tr>
<td>HNES 304</td>
<td>Sport Promotion and Public Relations</td>
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<tr>
<td>HNES 353</td>
<td>Adapted Physical Education</td>
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<tr>
<td>HNES 436</td>
<td>Managing Sport Facilities</td>
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<tr>
<td>HNES 473</td>
<td>Anaerobic Exercise Prescription and Advanced Resistance Training Techniques</td>
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<tr>
<td>SOC 214</td>
<td>Social Interaction</td>
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<tr>
<td>SOC 235</td>
<td>Cultural Diversity</td>
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</tbody>
</table>

**Total Credits**: 54

1. Students must earn a grade of "B" or better for the K-12 Teacher Licensure Option
2. Students must earn a "C" or better for the K-12 Teacher Licensure Option
3. Students may only earn one "C" among these three courses for the K-12 Teacher Licensure Option
4. Students must earn a "B" or better (Both Options)

**Degree Requirements and Notes**

- K-12 Teacher Licensure Option
  - A GPA of 2.75 or better is required for placement in student teaching and to exit from the program.
  - A GPA of 2.75 or better is required within the professional education requirements and students must take the Praxis II Subject Assessment and PLT to exit the program.
  - Courses taken Pass/Fail will not be used to satisfy any requirements other than total credits.
  - See School of Education (https://www.ndsu.edu/education/) for admission requirements.

- Coaching and Physical Activity Leadership Option
  - A GPA of 2.75 or better is required to exit from the program.
  - Courses taken Pass/Fail will not be used to satisfy any requirements other than total credits.